



The ANGEL Issue

September 2026



What We've Built, and What's Ahead

As September comes to a close, we're reflecting on a month that helped us build momentum for everything ahead. From advancing our programs and partnerships to strengthening the connections that fuel our mission, we've been hard at work preparing for an October filled with awareness, advocacy, education, community, and impact.

With Breast Cancer Awareness Month upon us, we're ready to amplify patient voices, create meaningful opportunities for connection, share critical health education, and bring our community together in powerful ways.

September helped us prepare. October, we're ready to show up in full force.

Keep reading for the latest from Tigerlily and a look at what's ahead.



Join the Tigerlily Team in Atlanta for the Painted Pink Lifting As We Rise Event

THE 13TH ANNUAL PAINTED PINK BRUNCHEON

LIFTING *as we* RISE

GUEST SPEAKER
Rachana Kanvinde,
MS, SFC, CCRP
DIRECTOR, SPARK CLINICAL TRIALS CENTER OF EXCELLENCE
 TIGERLILY FOUNDATION

OCT 3 2026
 11:00 AM - 3:00 PM

Phase Event Space
 12150 MORRIS RD., ALPHARETTA, GA 30005

PURCHASE TICKETS WWW.PAINTEDPINK.NET

@PAINTEDPINK4BC 

THE 13TH ANNUAL PAINTED PINK BRUNCHEON

LIFTING *as we* RISE

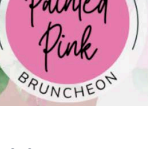
GUEST SPEAKER
Dr. Roddia Paul,
Psy.D.
CULTURALLY RESPONSIVE CARE & MENTAL HEALTH EQUITY
 DIRECTOR, COMMUNITY ENGAGEMENT & PARTNERSHIPS
 TIGERLILY FOUNDATION

OCT 3 2026
 11:00 AM - 3:00 PM

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 12150 MORRIS RD., ALPHARETTA, GA 30005

PURCHASE TICKETS WWW.PAINTEDPINK.NET

@PAINTEDPINK4BC 

Tigerlily Foundation is proud to have two of our incredible team members joining the 13th Annual Painted Pink for Breast Cancer Bruncheon as guest speakers on October 3rd in Alpharetta, Georgia!

Rachana Kanvinde, MS, SFC, CCRP, Director of Tigerlily's SPARK Clinical Trials Center of Excellence, and Dr. Roddia Paul, Psy.D., Culturally Responsive Care & Mental Health Equity Director, Community Engagement & Partnerships, will lend their voices and expertise to an afternoon centered on breast health, community, empowerment, and uplifting one another.

We're grateful for opportunities like these to come together with organizations and communities committed to supporting women, sharing knowledge, and creating meaningful change. Join Rachana, Roddia, and the Painted Pink community on Saturday, October 3 for an afternoon of connection and purpose.

[LEARN MORE HERE](#)

THE 13TH ANNUAL PAINTED PINK BRUNCHEON

LIFTING *as we* RISE

OCTOBER 3, 2026
 11:00 AM - 3:00 PM
Phase Event Space
 12150 MORRIS RD
 ALPHARETTA, GA 30005

PURCHASE TICKETS WWW.PAINTEDPINK.NET

@PAINTEDPINK4BC 



Join Us in Atlanta For Our Sister EmPOWERed Circle!



Join Tigerlily Foundation for an evening of stories of healing & strength on October 4, 2026!

Sisters EmPOWERed Circle is a culturally grounded community gathering created to foster healing, connection, and meaningful conversation among women navigating breast health, survivorship, advocacy, and lived experiences.

Through storytelling, guided dialogue, and shared community, this intimate experience creates a safe and supportive space for women to feel seen, heard, supported and empowered. Attendees will also have access to wellness, survivorship, and clinical trial education resources designed to support awareness, informed decision-making, and community connection.

Whether you are a survivor, caregiver, advocate, or simply seeking connection and support, we welcome you to join us for an evening centered on healing, strength, and sisterhood.

SAVE YOUR SPOT

Join Tigerlily's 2026 Pajama Glam!



**Pajama
GLAM
Party**

Girls of All Ages - Moms, Dads, Aunties, Grandmothers

Hosted By **Tigerlily Foundation**

📅	Saturday, October 17, 2026
📍	Hyatt Regency Tysons Corner, VA
🕒	12:30 – 3:30 PM

Wear Your Sparkle & PJs — BLING REQUIRED



Confidence starts early, and so does learning to understand and advocate for your health.

Tigerlily Foundation's Pajama Glam Party creates a fun and welcoming space where girls can learn about breast and body health while celebrating confidence, self-care, and everything that makes them unique. Join Tigerlily Foundation for an afternoon filled with meaningful connection, joyful experiences, and plenty of sparkle. Because every girl deserves to grow up knowing that her health matters, her voice matters, and she has the power to advocate for herself.

[LEARN MORE HERE](#)



"My mom's journey taught me how important it is to know your own body and recognize when something doesn't feel right."



Noelle Karmo-Walsh
Chief Inspiration Officer

Join Us in Celebrating the Leaders Who EmPOWER Change



As Tigerlily Foundation celebrates 20 years of beauty, strength, transformation, and impact, we're proud to introduce our **2026 EmPOWER Ball Honorees**.

These extraordinary leaders, advocates, and changemakers embody the courage, compassion, innovation, and commitment that continue to move our communities forward. Through their leadership and service, they are helping amplify patient voices, advance health equity, and create meaningful change.

Join us on **October 24** as we celebrate their impact and honor two decades of Tigerlily Foundation at our **20th Anniversary EmPOWER Ball**.

Meet our honorees and join us for this milestone celebration.

[LEARN MORE HERE](#)

A MESSAGE FROM OUR FOUNDER

Twenty Years of Turning Pain Into Purpose

BY MAIMAH KARMO | PRESIDENT & CEO



Twenty years ago, Tigerlily Foundation began with a promise: that the fear and isolation surrounding a cancer diagnosis could be transformed into purpose, advocacy, and action. I could not see every step of the road ahead.

I simply knew that young women needed information, support, and a voice - and that too many were being left behind.

What started from my own experience of being diagnosed with breast cancer at 32 has grown because thousands of people chose to believe in that promise. Patients trusted us with their stories. Advocates turned lived experience into leadership. Caregivers carried families through impossible days. Partners invested in ideas that challenged what healthcare could become.

The EmPOWER Ball is our opportunity to honor that collective courage. It is a celebration, but it is also a homecoming and a re-commitment.

Every person in the room is connected to the mission - whether they have been part of Tigerlily for two decades or are discovering our work for the first time.

As we recognize the people who helped shape this journey, we will also look forward. There are still women whose symptoms are dismissed, patients who cannot access the care they need, and communities that remain underrepresented in research. Our anniversary must be more than a reflection on what we have accomplished. It must renew our commitment to what remains unfinished.

I hope you will join us to celebrate, remember, dance, and dream boldly about the next 20 years. Tigerlily's story has never belonged to one person. It belongs to everyone who decided that pain could become purpose - and that purpose could become power.

[LEARN MORE HERE](#)

You're Invited to Tigerlily's 4th Annual BEACON Symposium



After three inspiring years of patient-led conversations, we are thrilled to invite you to the 4th Annual BEACON Symposium, hosted by Tigerlily Foundation!

This year's theme is "From Access to Action: Scaling Patient-Led Solutions for an Equitable Future".

Be sure to register today as we have limited capacity!

The 2026 symposium will feature expert panels on critical topics including:

- Bridging the Trial Gap: From Equitable Access to Community-Centered Trials
- The Cost Conundrum: When Drug Pricing Policies Create More Problems Than Solutions

Your voice has been essential in shaping this movement. We hope you will join us for a day of learning, collaboration, and meaningful contribution as we continue to advocate for patient-centric care and advance health equity.

We look forward to seeing you there!

Meet Our Moderator



Maimah Karmo
President & CEO
Tigerlily Foundation

SAVE YOUR SPOT!

Meet Our MC



Kimberly Aldridge, PhD
Health Care Executive &
Patient Advocate

Join Us for the Bliss Collective Los Angeles!



Bliss
COLLECTIVE
LOS ANGELES
Bites & Sip

📍 **UCLA Meyer and Renee Luskin
Conference Center - Exploration Room**
425 Westwood Plaza | Los Angeles, CA 90095

📅 **Thursday, November 5, 2026**

🕒 **6:00 PM – 8:30 PM**

Empowerment • Resilience • Living Your Blissed Life

Find Your Bliss in Los Angeles!

Join Tigerlily Foundation for Bliss Collective: Bites & Sip, an afternoon centered on women's health, mental wellness, self-care, and self-advocacy.

Through expert insights, patient stories, and meaningful conversations, we'll explore clinical trial representation, access to quality healthcare, and the power of becoming a more informed advocate for your health.

Thursday, November 5, 2026 | 6:00 PM
UCLA Meyer & Renee Luskin Conference Center

Space is limited. Register today to save your seat!

REGISTER AND JOIN US IN LA!

Join Tigerlily Foundation for Bliss Collective: Bites & Sip, an evening of women's wellness, connection, self-care, and empowering health education at The Shay in Culver City!

Together, we'll explore representation in clinical trials, access to quality healthcare, and how knowledge can help us become stronger advocates for our health.

Saturday, November 7, 2026 | 11:30 AM
The Shay, A Destination by Hyatt Hotel

Join us and find your Bliss!

REGISTER AND JOIN US IN CULVER CITY



Bliss
COLLECTIVE
LOS ANGELES
Brunch & Sip

📅 **Saturday, November 7, 2026**

🕒 **11:30 AM – 2:00 PM**

📍 **The Shay, a Destination by Hyatt Hotel
The Ivy Ballroom**
8801 Washington Boulevard, Culver City, CA 90232

Empowerment
Resilience
Living Your Blissed Life

Thank You to Everyone Who Joined Us at the Bliss Collective Atlanta!



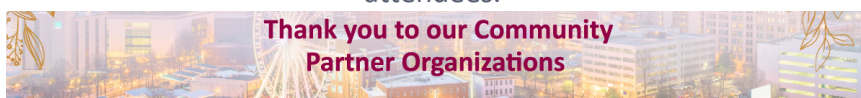
Photography by Josh Smith



On September 19, Bliss Collective: Brunch & Sip, in collaboration with Bristol Myers Squibb, brought our Atlanta community together for a meaningful day of education, connection, and empowerment. Patients, survivors, caregivers, advocates, healthcare professionals, and community members gathered for conversations around breast health, cancer care, early detection, self-advocacy, clinical trials, and equitable access to care.

More than an event, Bliss is a space to honor lived experiences, build community, and leave feeling more informed and empowered.

Thank you to everyone who made Bliss Atlanta so meaningful, with a special thank you to our community partners, Na'Tea by Nature and Survivor's Nest, for joining us and generously donating raffle prizes for our attendees.



Thank You Fort Lauderdale for Joining the Bliss Collective: Bites & Sip



Photography by K13 Images

Tigerlily is still reflecting on the beautiful moments shared at our Bliss Collective: Bites & Sip in Fort Lauderdale, held in collaboration with Bristol Myers Squibb.

Together, we created a space for women to connect, share experiences, ask questions, and engage in meaningful conversations around women's health, breast cancer, early detection, clinical trials, self-advocacy, and equitable access to care.

Through expert insight, lived experience, and honest dialogue, we helped equip our community with greater knowledge, resources, and tools to feel more empowered in their health journeys.

Thank you to everyone who joined us and helped make the day so meaningful. This is Bliss: community, conversation, and empowerment in action.



Thank you to our Community Partner Organization



Leadership Spotlight: Dr. Temeika L. Fairley, VP, ANGEL CoE



Turning Lived Experience into Leadership

Dr. Temeika L. Fairley brings more than two decades of public health leadership, health communication expertise, and a deep commitment to health equity to her role as Vice President of Tigerlily Foundation's ANGEL Center of Excellence.

Before joining Tigerlily, Dr. Fairley held senior leadership positions at the Centers for Disease Control and Prevention and the White House Office of Science and Technology Policy. Throughout her career, she has led national cancer initiatives, health communication campaigns, and partnerships designed to improve cancer prevention, access to care, and health outcomes.

"I've spent much of my career thinking about how we communicate health and science in ways that actually connect with people's lives," Dr. Fairley says. "Information matters, but so does who is speaking, whose knowledge we value, and who we invite into the conversation."

At Tigerlily, Dr. Fairley leads programs that prepare people affected by cancer to become advocates, educators, peer supporters, research partners, and community leaders. Through the ANGEL Advocacy Program, participants receive the training, tools, connections, and support they need to advocate in ways that feel meaningful to them.

"The goal isn't to tell an ANGEL what her story should mean or how she should use it," she explains. "It's about creating opportunities for her to decide how she wants to engage and making sure she has the training, tools, support, and connections to turn that choice into meaningful action."

Her work reflects a powerful belief: People with lived experience should not simply be invited to share their stories. Their knowledge should help shape the programs, research, policies, and healthcare decisions that affect their lives.

"Having lived experience represented in the room is important," Dr. Fairley says. "Having lived experience influence what happens in the room is the goal."

Under her leadership, ANGEL Advocates are educating their communities, supporting people navigating cancer, collaborating with researchers and healthcare leaders, and helping advance more equitable, patient-centered care. Each advocate decides how she wants to participate and how her experience can best serve others.

Dr. Fairley's leadership reminds us that advocacy does not have to look one particular way. It may begin with sharing a story, asking a question, supporting another person, or identifying something that a healthcare system has overlooked. Each can be a starting point for meaningful action and for discovering how your own experience can make a difference.

If you are interested in exploring what advocacy could look like for you, Tigerlily Foundation's [one-hour training](#) is one place to begin.

ANGEL Advocacy Program

Use Your Voice. Create Change.



Advocate Now to Grow, Empower & Lead

At Tigerlily Foundation, we offer a 6 course engaging group learning experience that helps you understand breast cancer, strengthen your voice, and make a difference in achieving equity. If a 6 course virtual experience is too much of a time commitment, we also offer a 1 hour asynchronous training option so you can learn at your own pace.

How ANGEL Advocates make an impact in their community



Speaking at events



Work with health professionals



Advocate/educate on breast health



Building breast cancer engagement/support community



Support researchers



APPLY TODAY TO BECOME A TIGERLILY ANGEL ADVOCATE

For more information, email Clara Christenson at clara@tigerlilyfoundation.org

Erica Fae

Award Winning Content Creator, Artist, Flutist, ANGEL Advocate, Stage IV Breast Cancer Survivor



BECOME A TIGERLILY ANGEL ADVOCATE

Get started with our 1 hour online training. Share your lived experience, raise awareness, and advocate for health equity and better outcomes for all.



FREE • 1 HOUR • ONLINE • ON YOUR SCHEDULE

1 SCAN

Scan the QR code to sign up for the training.

2 LEARN

Complete the 1 hour online training, anytime and anywhere.

3 ADVOCATE

Use your voice to advance health equity and create change.

SCAN TO JOIN



SIGN UP TODAY

YOUR VOICE MATTERS.

TOGETHER, WE CAN CREATE A MORE EQUITABLE, HEALTHY, AND EMPOWERED TOMORROW.

SUPPORTED BY Pfizer

The Tigerlily Foundation **ANGEL Advocacy Program** empowers patients, survivors, caregivers, and allies to become informed advocates, leaders, and changemakers.

Through comprehensive training, you'll gain the tools to educate communities, engage in advocacy efforts, support research and clinical trial awareness, and help improve outcomes for those impacted by breast cancer.

Your voice matters. Your story matters. Your advocacy can make a difference.

APPLY TODAY TO BE AN ANGEL

TAKE OUR 1-HOUR TRAINING

Hear What Our ANGELs Have to Say



“

"At 19, I found my first breast lump, and by 31, I learned my family's deep history on my father's side of breast cancer—and the loss of several siblings in their 30's. After years of screenings, biopsies, learning my risk of developing breast cancer was at 60%, and the ongoing emotional uncertainty, I made the courageous decision to undergo a double mastectomy in 2023, becoming a proud Previvor. **I chose to become an ANGEL Advocate to turn my pain into purpose—using my journey to educate, empower, and encourage women to be proactive about their health.**

Through Tigerlily's training, I've gained the confidence and tools to raise awareness, amplify my voice, and remind others that faith and early action can save lives."

Melishia Branch, LPN
TLF ANGEL Advocate, Breast Cancer Previvor



“

"I became an ANGEL" Advocate after a virtual Hill Day in 2023—a decision that completely transformed my life. What started as a way to raise awareness turned into a powerful journey of change.

I found my voice, switched oncologists, and discovered a passion for lobbying and shaping policy."

Lashelle Scott, MPM
TLF ANGEL Advocate



“

"As a Tigerlily ANGEL Advocate, I believe no one should have to walk through breast cancer alone. My own journey, from early diagnosis to now navigating metastatic disease, has shown me the power of education, community, and representation. The ANGEL training gave me the tools and confidence to turn my experience into meaningful action; whether it's raising awareness, supporting others, or pushing for change. Advocacy has become part of my healing, and I'm honored to stand alongside this incredible network of women making a difference."

Frances Malinis
TLF ANGEL Advocate

JOIN OUR TEAM OF ANGELS

Join the Monthly ANGEL Empower Chat

★ STRONGER TOGETHER. EMPOWERED ALWAYS.

ANGEL EMPOWER Chat

Life After the Pause
Finding Yourself Again Through Different Life Chapters

5th Anniversary of Free Me to Be Me

 **Thursday, October 15th, 2026**
7:00 – 8:00 PM EST

 **FREE BOOK RAFFLE**
Stay until the end for a chance to win!

ALL ANGELS WELCOME!
Survivors • Thrivers
Supporters • Advocates
• Allies

 **Featured Co-Host:**
Erika Weathers
3x Dual Breast Cancer
Survivor, Author, Actor,
Entrepreneur &
ANGEL Advocate.

- ✓ Engaging Topics
- ✓ Special Guests
- ✓ Resources & **Support**
- ✓ A Safe, Judgment-Free Space
- ✓ **YOU!**

 **TIGERLILY
ANGEL**
ADVOCACY PROGRAM
Be Empowered. Be Heard. Be an ANGEL.

 www.tigerlilyfoundation.org |    @tigerlilyfoundation |  Questions? Email us at Roddia@tigerlilyfoundation.org

The ANGEL Empower Chat returns! ANGEL Empower Chat — a monthly space for survivors, thrivers, allies, supporters, and advocates to come together in community, conversation, and connection.

This is your space to be heard, uplifted, empowered, and reminded that your voice matters. From healing and self-care to advocacy and survivorship, we're creating meaningful conversations with women who truly get it.

Every third Thursday
7:00–8:00 PM ET

REGISTER TODAY!

ANGELs in the Community: Pearls Girlz Annual Breast Cancer Awareness Walk



We walked together for awareness, community, and change.

Tigerlily Foundation was proud to partner with **Pearl's Girlz** for their Annual Awareness Walk, bringing our communities together to honor those impacted by breast cancer, raise awareness, and continue important conversations around breast health.

A special thank you to our incredible ANGEL Advocates, Lisa Weems and Myrtis Brown, who represented Tigerlily and staffed our resource table, connecting attendees with education, resources, and support throughout the event.

Thank you to Pearl's Girlz, our ANGELs, everyone involved in making the event possible, and every patient, survivor, caregiver, advocate, family member, and community member who showed up and walked with purpose alongside us.



Thank You to Everyone Who Supported Us In Chicago!

The Art of Knowing

SEPTEMBER 8



Breast health information can feel clinical or overwhelming. The Art of Knowing changed the setting, inviting women into a gallery-style experience where art, trusted education, and conversation worked together.

Guests explored four dimensions of breast health - body, risk, biology, and options - while contributing to a shared canvas and identifying next steps they could carry into their own care.

Thank you to Onyx 360 & Equal Hope for hosting this event!

Sisters EmPOWERed Circle

SEPTEMBER 9

Hosted by Tigerlily Foundation, The Sisters EmPOWERed Circle offered a more intimate kind of gathering: an evening centered on healing, strength, and meaningful conversation among women navigating breast health, survivorship, caregiving, advocacy, and lived experience.

Through storytelling, wellness resources, and guided dialogue, the circle made room for women to feel heard while building connection with others who understand the power of shared experience.

Thank you to Onyx 360, Equal Hope, and Sisters Working It Out for supporting this event!



Thank you to our sponsor, Pfizer

EmpowerHER Peer Navigation Program



EMPOWERHER
Heart-centered. Empathy-driven. Rooted in Love.

Your Story Has Power

The lessons you've learned.
The challenges you've overcome.
The hope you've found.

Could help guide someone else's journey.

Become a Tigerlily Foundation EmpowerHER Peer Navigator.

No one should have to navigate cancer alone. Tigerlily Foundation's **EmpowerHER Peer Navigation Program** connects individuals affected by cancer with trained Peer Navigators who provide compassionate, one-on-one support grounded in lived experience. Whether you're newly diagnosed, in treatment, or navigating survivorship, Peer Navigators offer understanding, encouragement, and guidance every step of the way.

If you're seeking support, connect with a Peer Navigator who understands the journey. If you're interested in giving back, consider becoming a trained Peer Navigator and use your experience to empower and support others facing cancer.

Together, we're building a community where every person has someone in their corner.

LEARN MORE TODAY

HEAL Policy Updates

The perfect time to use your voice!

Most Representatives and Senators are returning home and campaigning in October, which means it's a great time to connect with them at home in your district! Whether you have 2 minutes to spare to send a letter to your representatives or 10 mins to call your district offices or hours available to schedule in-person meetings, there's plenty of issues you can engage on this month to advocate for policy that affects patients like you:

The Access to Breast cancer Diagnosis (ABCD) Act: Closing the Gap in Breast Cancer Care

*"I support the ABCD Act because we are literally dying from delays in care. **We have to cover these tests. This is between living a longer life or not. We need the ABCD Act now.**"*



HEAL
POLICY CENTER
OF EXCELLENCE

Asha Miller

Breast Cancer Patient Advocate
& ANGEL Advocate

The Access to Breast cancer Diagnosis (ABCD) Act: Closing the Gap in Breast Cancer Care

A routine mammogram can be a lifesaver, but for many patients, an abnormal result creates another barrier: the cost of necessary follow-up tests like MRIs or ultrasounds. While preventive screenings are covered, these critical diagnostic steps often come with hundreds of dollars in out-of-pocket costs, forcing patients to choose between their health and their finances.

The Access to Breast Cancer Diagnosis Act (ABCD Act) is a bill that aims to change that by requiring private insurance plans to cover all medically necessary diagnostic and supplemental breast exams at no extra cost. It ensures that a doctor's recommendation isn't hindered by a patient's ability to pay, helping to prevent delays that could allow cancer to progress.

Share Your Story: Tell us why supporting the CTMA matters to you. Your voice is a powerful tool for change. **Please email HEAL@tigerlilyfoundation.org to share your story.**

Ask Congress to Support: Send a letter to your representatives urging them to support the ABCD Act. Every message counts!

[SEND YOUR ABCD LETTER TODAY!](#)

Learn more about the ABCD Act and how you can support it **[HERE.](#)**

Clinical Trial Modernization Act



**We Believe
All Patients
Should Have Access
To Clinical Trials
Without A Crippling
Financial Cost**

Clinical trials are essential for developing new cancer treatments, but too many patients can't participate because of costs and travel burdens. The Clinical Trial Modernization Act (S. 4440/H.R. 3521) would change that by allowing trial sponsors to cover expenses like travel, meals, childcare and lodging, and provide technology for remote participation. It would also fund community outreach to ensure trials reflect the diverse populations they serve.

Importantly, the bill would also change the current \$600 cap for how much financial support can be provided before needing to be reported as taxable income to \$2,000. Participants shouldn't have to worry about being taxed on funds that simply cover their costs to participate, nor should those funds count against their income for safety-net programs like Medicaid. This protects low-income patients from losing benefits simply for participating in potentially lifesaving research.

[Listen to ANGEL Advocate Jonelle share her story!](#)

Share Your Story: Tell us why supporting the CTMA matters to you. Your voice is a powerful tool for change.

[SHARE YOUR STORY HERE](#)

Ask Congress to Support the CTMA: Send a letter to your representatives urging them to support the Clinical Trial Modernization Act. Every message counts!

[SEND YOUR CTMA LETTER TODAY](#)

[LEARN MORE ABOUT THE CLINICAL TRIAL MODERNIZATION ACT HERE](#)

New Op-Ed: A Medicare Rule Change Could Steal More Than Time From Breast Cancer Patients



If you've sat in a clinic chair hooked up to an IV for hours and had to miss work, arrange childcare, or drive hours from a rural town, you know that time isn't a minor detail. It's your life.

Right now, science is giving us better options: treatments that take minutes instead of entire days, so women can get care and still pick their kids up from school or work a full day. But a proposed CMS rule could slam the brakes on that progress by treating these innovations as mere "extensions" of older drugs and forcing them under Medicare price controls which could discourage the very investment that made them possible.

"We are not just statistics. We are mothers, daughters, breadwinners and caregivers. Breast cancer threatens to unravel the fabric of our lives, pulling us away from our children, our jobs and our dreams."

In a new op-ed, Tigerlily's President & CEO, Maimah Karmo, explains why this matters for patients: because time gained is measured in moments, like watching your daughter's soccer game, keeping your paycheck--feeling like a whole person and not just a patient.

[READ THE OP-ED HERE AND SHARE](#)

New Free Patient Toolkit for Early-Stage Breast Cancer

Tigerlily Foundation | **POWER Center**

INTERACTIVE PATIENT TOOLKIT:

Tumor Factors and Treatment Options for Patients with Early-Stage Breast Cancer

A free, downloadable resource created in partnership with Decera Clinical to help patients, caregivers, and healthcare professionals make more informed decisions about early-stage breast cancer.

Empowering conversations. Supporting choices. Advancing care.

- Evidence-Based Education**
Clear information on tumor factors and treatment approaches.
- Expert-Selected Options**
Examples for HR-positive, HER2-positive, and Triple-Negative (TNBC) disease.
- Designed for Meaningful Conversations**
Questions and tools to help you and your care team decide what's best for you.
- Free & Accessible**
Download, explore, and share with your care team.

DOWNLOAD YOUR FREE TOOLKIT TODAY!
<https://power.tigerlilyfoundation.org/impacts-and-insights/>

DECERA CLINICAL Education
In Partnership With:

Supported by educational grants from: **AstraZeneca** | **Daiichi-Sankyo**

Tigerlily Foundation and Decera Clinical Education have partnered to create a free, interactive patient toolkit designed to make understanding an early-stage breast cancer diagnosis and treatment options easier.

The toolkit provides accessible education on tumor factors, treatment options, HR-positive and HER2-positive breast cancer, triple-negative breast cancer (TNBC), and important questions patients can ask to support informed conversations with their healthcare team.

Created for patients, caregivers, and healthcare professionals, this resource is designed to help individuals feel more informed and empowered when navigating care.

DOWNLOAD THE FREE TOOLKIT HERE

Explore the POWER Topical Issue Brief Series



Tigerlily Foundation **POWER Center**

EVIDENCE. EQUITY. EMPOWERMENT.
Exploring research gaps. Advancing solutions. Improving cancer care.

TOPICAL ISSUE BRIEF SERIES

Concise, up-to-date literature reviews on the issues that matter most in patient-centered cancer research and care.

CURRENT TOPICS

- Fertility Preservation and Provider Navigation in Oncology Care**
- Barriers to Biomarker Testing Among Black Women With HR+ / HER2- Metastatic Breast Cancer**
- Breast Cancer Disparities Among Black Women in Rural Communities**
- Administrative Burden and Insurance Navigation in Cancer Survivorship**

We invite researchers, clinicians, advocates, patients, and caregivers to join the conversation.
Your voice can drive change.

Which topic would you like to explore first? Let us know in the comments!
Explore the full series at: <https://power.tigerlilyfoundation.org/impacts-and-insights/>

Tigerlily Foundation's POWER Center of Excellence is proud to introduce its Topical Issue Brief Series, featuring concise, evidence-based reviews of timely issues impacting patient-centered cancer research and care.

Each brief examines current research, highlights gaps in knowledge, and explores barriers and opportunities for improving care across the cancer continuum. Current topics include fertility preservation and provider navigation, breast cancer disparities among Black women in rural communities, barriers to biomarker testing among Black women with HR+/HER2- metastatic breast cancer, and administrative and insurance challenges in cancer survivorship.

Researchers, clinicians, advocates, patients, and caregivers are invited to explore these insights and help advance conversations and solutions toward more equitable, patient-centered cancer care.

LEARN MORE HERE

Share a Resource: Help a Patient Ongoing Support with Ina[®]: 24/7 Nutrition & Symptom Guidance by Text The Intelligent Nutrition Assistant from Savor Health[®]

INTRODUCING INA[®] THE INTELLIGENT NUTRITION ASSISTANT FROM SAVOR HEALTH[®]

- Personalized 24/7 Nutrition Guidance at Your Fingertips
- The Knowledge of Experienced Cancer Professionals
- Safe, Secure and Free



Through our partnership with Savor Health, Tigerlily Foundation offers access to Ina[®], a text-based tool that delivers personalized, evidence-based nutrition and symptom management support for cancer patients — anytime you need it.

Here's what Ina[®] can help you with:

- 24/7 answers to nutrition and symptom questions via SMS text
- Tailored tips, recipes, and expert guidance — no appointments needed
- Advice from oncology-credentialed dietitians, nurses, and doctors
- Free, secure, and private access whenever you need support

Feeling strong throughout your cancer journey starts with informed, timely support — and Ina[®] is always just a text away.

SIGN UP TODAY!

2026 World Dense Breast Day



Tigerlily Foundation
Beauty. Strength. Transformation.

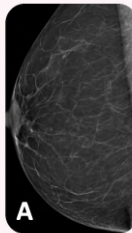
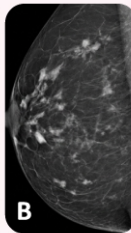
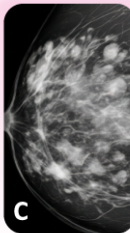
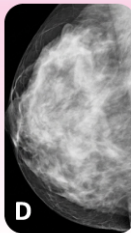
World Dense Breast Day

September 30

DO YOU KNOW YOUR BREAST DENSITY?

Breast density can't be determined by how your breasts look or feel. It is determined from your mammogram.

THERE ARE FOUR TYPES OF BREAST DENSITY

			
A Almost entirely fatty	B Scattered areas of density	C Heterogeneously dense	D Extremely dense

C and D are considered dense breasts.

After your mammogram, ask: "What is my breast density?"

Information sourced from: ©DenseBreast-info.org



September 30th is World Dense Breast Day, we're helping raise awareness about breast density and why knowing your breast density matters.

Tigerlily Foundation is proud to partner with DenseBreast-info, Inc. to help ensure patients have access to trusted information and resources that empower them to better understand their breast health and advocate for their care.

Know your density. Know your options.

[LEARN MORE HERE](#)



Tigerlily Foundation

20 Years of Beauty. Strength. Transformation

