



The HEAL Issue

August 2026



August in Action

August was a month filled with connection, community, events, and advocacy in action at Tigerlily Foundation. From bringing people together through meaningful experiences to amplifying patient voices and advancing conversations around health equity, our community continued to show what's possible when education and advocacy meet action.

As we reflect on the moments and people that made August so impactful, we're also looking ahead. September and the months to come are filled with even more opportunities to connect, learn, advocate, and take action together.

Take a look back at August and see what's coming up next at Tigerlily Foundation.



Join Tigerlily & Our Partners in Chicago!

HOSTED BY

ONYX 360 equal hope
ESPERANZA PARA TODOS

THE ART OF KNOWING

Where Art Meets Awareness

KNOW YOUR BODY.
KNOW YOUR RISK.
KNOW YOUR BIOLOGY.
KNOW YOUR OPTIONS.

Sip • Paint • Learn • Connect

Join us for an evening
where art, sisterhood,
and breast health
come together

Pour Into Yourself. Paint Your Story. Know Your Health.

TUESDAY,
SEPTEMBER 8, 2026
6:00 PM - 9:00 PM CT

ONYX HEALTH COLLECTIVE
2247 E. 73RD STREET
CHICAGO, IL 60649

THANK YOU TO OUR SPONSOR

SUPPORTED BY

Pfizer

Tigerlily Foundation
Breast Health Specialists

SPARK

Sisters EmPOWERed Circle

The Art of Knowing

Know Your Body. Know Your Risk. Know Your Biology. Know Your Options.

Join Tigerlily Foundation and our partners for an immersive, gallery-style breast health experience created to center and engage Black and Brown women through art, conversation, and trusted health education. Explore four dimensions of breast health while contributing to a collaborative art piece, connecting with your community, and identifying your next step toward informed, empowered care.

September 8, 2026 | Onyx Health Collective

Four Dimensions. One Collaborative Canvas. One Next Step.

SAVE YOUR SPOT TODAY!

Sisters EmPOWERed Circle

Join Tigerlily Foundation for an intimate evening centered on healing, strength, connection, and sisterhood. Through storytelling, guided conversation, and shared community, Sisters EmPOWERed Circle creates a supportive space for women navigating breast health, survivorship, caregiving, advocacy, and lived experiences to feel seen, heard, and empowered.

September 9, 2026 | Onyx Health Collective

Attendees will also have access to wellness, survivorship, clinical trial education, and community resources.

CLICK HERE TO RSVP!

Tigerlily Foundation SPARK

Sisters EmPOWERed Circle

Hosted by Tigerlily Foundation

Wednesday, September 9, 2026
6:30 PM - 9:00 PM

Onyx Health Collective
2247 E. 73rd Street
Chicago, IL 60649

An evening of healing, connection, support, and meaningful conversation for women navigating breast health, survivorship, advocacy, and lived experiences.

- Storytelling & guided conversation
- Wellness & survivorship resources
- Heavy apps & refreshments served
- Free giveaways & community resources

Join us for an evening centered on healing, strength, and sisterhood.

In Partnership With

Sisters EmPOWERed Circle equal hope ONYX 360

Thank You to Our Sponsor

Pfizer

Join Us for the Bliss Collective in Fort Lauderdale & Atlanta



Bliss
COLLECTIVE
ATLANTA
— Brunch and Sip —

 **Saturday, September 19, 2026 | 11:30 AM – 2:00 PM**

 **5Church – Buckhead**

 **3379 Peachtree Rd NE | Atlanta, GA 30326**

Empowerment • Resilience • Living Your Blessed Life

Find Your Bliss in Atlanta

Join Tigerlily Foundation for Bliss Collective: Brunch & Sip, an afternoon centered on women's health, mental wellness, self-care, and self-advocacy.

Through expert insights, patient stories, and meaningful conversations, we'll explore clinical trial representation, access to quality healthcare, and the power of becoming a more informed advocate for your health.

Saturday, September 19 | 11:30 AM–2:00 PM
5Church Buckhead | Atlanta, GA

Space is limited. Register today to save your seat!

REGISTER AND JOIN US IN ATLANTA

Join Tigerlily Foundation for Bliss Collective: Bites & Sip, an evening of women's wellness, connection, self-care, and empowering health education.

Together, we'll explore representation in clinical trials, access to quality healthcare, and how knowledge can help us become stronger advocates for our health.

Thursday, September 24 | 6:00–8:30 PM Shooters Waterfront | Fort Lauderdale, FL

Join us and find your Bliss!

REGISTER AND JOIN US IN FT. LAUDERDALE



Bliss
COLLECTIVE
MIAMI
Bites & Sip

 **Thursday, September 24, 2026**

 **6:00 PM – 8:30 PM**

 **Shooters Waterfront**

Intercoastal Room
3033 NE 32nd Avenue
Fort Lauderdale, FL 33308

Empowerment • Resilience • Living Your Blessed Life

Bliss Collective: New York Recap!



Photography by Dennis Manuel



Patients, survivors, caregivers, advocates, healthcare professionals, and community leaders came together at the Bliss Collective for a powerful day of education, connection, and empowerment.

Through conversations spanning cancer care, survivorship, biomarker testing, clinical trials, mental wellness, and self-advocacy, attendees gained trusted information and tools to help them navigate their health with confidence.

Thank you to our speakers, partners, volunteers, attendees, and our sponsor, **Bristol Myers Squibb**, for helping us create a space where lived experiences are honored, knowledge is shared, and communities are empowered.



Thank you to our community partners:

Join Tigerlily's 2026 Pajama Glam!



Tigerlily Foundation
20 Years of Beauty. Strength. Transformation

SAVE THE DATE

Pajama

GLAM

Party

For girls (5–12) + moms, dads, aunties & grandmothers

Hosted By **Tigerlily Foundation**

 Saturday, October 17, 2026

 Hyatt Regency Tysons Corner, VA

 1:00 – 3:30 PM

**Wear Your
Sparkle & PJs —
BLING REQUIRED**



Confidence starts early, and so does learning to understand and advocate for your health.

Tigerlily Foundation's Pajama Glam Party creates a fun and welcoming space where girls can learn about breast and body health while celebrating confidence, self-care, and everything that makes them unique. Join Tigerlily Foundation for an afternoon filled with meaningful connection, joyful experiences, and plenty of sparkle. Because every girl deserves to grow up knowing that her health matters, her voice matters, and she has the power to advocate for herself.

[LEARN MORE HERE](#)



Celebrate 20 Years of Tigerlily with Us!



Tigerlily Foundation
20 Years of Beauty. Strength. Transformation

Celebrating 20 Years of Transformation, Impact, and Hope

TIGERLILY FOUNDATION'S ANNUAL
EmPOWER
Ball

October 24, 2026
6:00 PM – 11:00 PM

Grand Hyatt Washington
Independence Ballroom
1000 H St NW
Washington, D.C.

#TigerlilyTurns20

This year's EmPOWER Ball is more than a celebration. It's a tribute to the patients, advocates, partners, and changemakers who have helped shape 20 years of Tigerlily Foundation's impact.

Join us for an unforgettable evening as we honor the journey, celebrate those creating change, and step boldly into the next chapter together.

[LEARN MORE HERE](#)



The BEACON Symposium Returns This October



Tigerlily Foundation's 4th Annual BEACON Symposium returns October 24, bringing together patient advocates, healthcare leaders, providers, and experts in science to explore how we can turn equitable access into meaningful, scalable action.

Under this year's theme, From Access to Action: Scaling Patient-Led Solutions for an Equitable Future, BEACON will center patient voices as leaders in shaping the future of healthcare.

October 24, 2026 | Grand Hyatt Washington | Washington, DC

SAVE YOUR SPOT!



HEAL Policy Updates

The perfect time to use your voice!

August Recess is happening this month at the federal government, which means it's a great time to connect with your representatives at home in your district! Whether you have 2 minutes to spare to send a letter to your representatives or 10 minutes to call your district offices or hours available to schedule in-person meetings, there are plenty of issues you can engage with this month to advocate for policy that affects patients like you:

Push for EARLY Act Victory!



On July 21st, both the SCREENS for Cancer Act and the EARLY Act passed on the House floor! While we're celebrating this win, it's now time to call on the Senate to do the same!

This critical legislation reauthorizes the Young Women's Breast Health Education and Awareness Requires Learning Young (EARLY) Act, which provides breast cancer education and support specifically for young women, especially those at higher risk. It also includes the SCREENS for Cancer Act, reauthorizing the National Breast and Cervical Cancer Early Detection Program (NBCCEDP), a breast and cervical cancer screening safety-net program which has provided more than 17 million screening examinations to underserved individuals over the last 35 years. Together, these programs increase breast cancer education and improve access to timely screening and care, especially for young women and those most underserved. Tigerlily also has a special history with the EARLY Act: Tigerlily President & CEO Maimah Karmo worked closely with Representative Debbie Wasserman Schultz (FL-25) on the original EARLY Act in 2009.

Now, the bill moves to the U.S. Senate. Ready to help us ensure this legislation crosses the finish line and reaches the President's desk?

Here's how you can help:

1. Contact your senators and urge them to pass the EARLY Act Reauthorization. [Send a letter here.](#) Or call your senators at 202-224-3121 and tell them: "I urge you to support and vote YES on the EARLY Act Reauthorization. Young women's lives depend on it"
2. Share this update with your network to amplify our collective advocacy. Let's keep the momentum going and make this law a reality! [Check out our social media toolkit here.](#)

Clinical Trial Modernization Act



Clinical trials are essential for developing new cancer treatments, but too many patients can't participate because of costs and travel burdens. The Clinical Trial Modernization Act (S. 4440/H.R. 3521) would change that by allowing trial sponsors to cover expenses like travel, meals, childcare, and lodging and to provide technology for remote participation. It would also fund community outreach to help ensure clinical trials include participants who reflect the diverse populations these treatments are intended to serve.

Importantly, the bill would increase the amount of financial support participants can receive before it must be reported as taxable income—from \$600 to \$2,000. Participants shouldn't have to worry about being taxed on funds that simply cover the costs of participation. Nor should those funds be counted as income when determining eligibility for safety-net programs such as Medicaid. This protects low-income patients from losing benefits simply for participating in potentially lifesaving research.

[Listen to ANGEL Advocate Jonelle share her story!](#)

Share Your Story: Tell us why supporting the CTMA matters to you. Your voice is a powerful tool for change.

[SHARE YOUR STORY HERE](#)

Ask Congress to Support the CTMA: Send a letter to your representatives urging them to support the Clinical Trial Modernization Act. Every message counts!

[SEND YOUR CTMA LETTER TODAY](#)

[LEARN MORE ABOUT THE CLINICAL TRIAL MODERNIZATION ACT HERE](#)

Spotlight on Lizzie Wittig, Vice President, HEAL Policy Center of Excellence



Lizzie brings nearly two decades of advocacy experience fueled by a deeply personal mission: to ensure that every patient has access to the quality care they need, when they need it. For Lizzie, the fight for access to care and health equity is not just a career; it is a promise.

Lizzie's journey into advocacy began in 2003, when her mother was diagnosed with breast cancer. At just 16, Lizzie became her sole caregiver, witnessing firsthand the immense difficulty of navigating a complex medical system. Her mother, a nurse practitioner, received care within the system where she worked and had the support of friends and colleagues who went above and beyond to help. Her oncologist even became the principal investigator for a clinical trial to ensure she could participate.

That clinical trial gave Lizzie's mother an extra six years; time enough to see Lizzie graduate from high school and college and years they never thought they would have. The experience opened Lizzie's eyes to a stark reality: her mother had access to resources that most patients do not. That realization was the catalyst for her life's work.

Lizzie credits her mom's journey as the impetus to opening her eyes to barriers to care and made her ask, "What does everybody else do? How do other patients get this care?" And she realized that they don't. So, she set out to change that.

Lizzie's early advocacy work led her to state capitols, where she learned that so many barriers to care were the result of existing policies. Recognizing that her personal story was a powerful tool for change, she dedicated herself to patient advocacy and public policy, helping to pass forty bills at the state and federal level to protect cancer patients.

In her role at Tigerlily's HEAL Policy Center of Excellence, Lizzie continues this work, focusing on systemic change at local, state, and federal levels. She leads efforts to remove barriers to accessing and receiving quality care, championing legislation that protects patient access to life-saving treatments and drives innovation.

For Lizzie, the heart of effective policy is the lived experience of patients. The HEAL Policy Center of Excellence is dedicated to educating, empowering, and amplifying patient voices to ensure they are front and center in every discussion and decision about healthcare. This commitment is embodied in the work of the ANGEL advocates, whom Lizzie calls "the backbone, the driving force, and the heart that moves this work forward."

Lizzie continues this work to honor her mom and her legacy and to ensure that everyone has the opportunity for not only six extra years, but a full lifetime with their loved ones.

ANGEL Advocacy Program

Use Your Voice. Create Change.



Advocate Now to Grow, Empower & Lead

At Tigerlily Foundation, we offer a 6 course engaging group learning experience that helps you understand breast cancer, strengthen your voice, and make a difference in achieving equity. If a 6 course virtual experience is too much of a time commitment, we also offer a 1 hour asynchronous training option so you can learn at your own pace.

How ANGEL Advocates make an impact in their community



Speaking at events



Work with health professionals



Advocate/educate on breast health



Building breast cancer engagement/
support community



Support researchers



APPLY TODAY TO BECOME A TIGERLILY ANGEL ADVOCATE
For more information, email Clara Christenson at clara@tigerlilyfoundation.org

Erica Fae

Award Winning Content Creator,
Artist, Flutist, ANGEL Advocate,
Stage IV Breast Cancer Survivor

The Tigerlily Foundation **ANGEL Advocacy Program** empowers patients, survivors, caregivers, and allies to become informed advocates, leaders, and changemakers.

Through comprehensive training, you'll gain the tools to educate communities, engage in advocacy efforts, support research and clinical trial awareness, and help improve outcomes for those impacted by breast cancer.

Flexible training cohorts are available throughout the year, making it easy to get involved when the time is right for you.

Your voice matters. Your story matters. Your advocacy can make a difference.

APPLY TODAY TO BE AN ANGEL

The ANGEL Unstoppable Tour in Harlem at BHM Week Expo!



As part of the ANGEL Unstoppable Tour in Harlem, Tigerlily Foundation partnered with Fearless Warrior Project to provide vending and community engagement at the Black Health Matters Harlem Week Health Summit & Expo.

The partnership created an opportunity to meet community members where they were—connecting breast health education, resources, and self-advocacy with the broader health and wellness conversations taking place throughout the Summit. Through this activation, the ANGEL team engaged hundreds of women, individuals, and families and connected with more than 25 community organizations, strengthening relationships with local partners and expanding awareness of Tigerlily's programs, ANGEL Advocates, and resources for people impacted by breast cancer.

The activation reinforced the power of community-centered partnerships to build trust, increase access to culturally relevant health information, and move more people toward becoming informed and empowered health advocates.



Join the Monthly ANGEL Empower Chat

★ STRONGER TOGETHER. EMPOWERED ALWAYS.

ANGEL EMPOWER Chat

A monthly space to be heard, uplifted, and connected with women who get it.
Let's talk cancer, healing, self-care, advocacy, survivorship, and everything in between.

NEW DAY. SAME MISSION.
MONTHLY ON EVERY THIRD THURSDAY
(EVERY THIRD THURSDAY)
Thursday, September 17, 2026
7:00 - 8:00 PM EST

❤️ **COME AS YOU ARE.**
LEAVE EMPOWERED.
You belong here. ❤️ ❤️

🌐 www.tigerlilyfoundation.org | @tigerlily_foundation | ✉️ Questions? Email us at Roddia@tigerlilyfoundation.org

ALL ANGELS WELCOME!
Survivors • Thrivers
Supporters • Advocates
• Allies

TRUSTING GOD
Through
THE UNKNOWN
Faith, Grief, and The Cancer Journey

Featured Co-Host:
Frances Malinis
Patient Advocate

TIGERLILY AFFILIATIONS:

- ANGEL Advocate
- EmpowHer Peer Navigator
- HEAL Policy Center of Excellence Advisory Board
- RACE Alliance Nevada Representative

✔️ Engaging Topics
✔️ Special Guests
✔️ Resources & **Support**
✔️ A Safe, Judgment-Free Space
✔️ **YOU!**

TIGERLILY
ANGEL
ADVOCACY PROGRAM

Be Empowered. Be Heard. Be an ANGEL.



The ANGEL Empower Chat returns! ANGEL Empower Chat — a monthly space for survivors, thrivers, allies, supporters, and advocates to come together in community, conversation, and connection.

This is your space to be heard, uplifted, empowered, and reminded that your voice matters. From healing and self-care to advocacy and survivorship, we're creating meaningful conversations with women who truly get it.

Every third Thursday
7:00–8:00 PM ET

REGISTER TODAY!

EmpowerHER Peer Navigation Program



EMPOWERHER
Heart-centered. Empathy-driven. Rooted in Love.

Your Story Has Power

The lessons you've learned.
The challenges you've overcome.
The hope you've found.

Could help guide someone else's journey.

Become a Tigerlily Foundation EmpowerHER Peer Navigator.

No one should have to navigate cancer alone. Tigerlily Foundation's **EmpowerHER Peer Navigation Program** connects individuals affected by cancer with trained Peer Navigators who provide compassionate, one-on-one support grounded in lived experience. Whether you're newly diagnosed, in treatment, or navigating survivorship, Peer Navigators offer understanding, encouragement, and guidance every step of the way.

If you're seeking support, connect with a Peer Navigator who understands the journey. If you're interested in giving back, consider becoming a trained Peer Navigator and use your experience to empower and support others facing cancer.

Together, we're building a community where every person has someone in their corner.

LEARN MORE TODAY

New Free Patient Toolkit for Early-Stage Breast Cancer

Tigerlily Foundation | **POWER Center**

INTERACTIVE PATIENT TOOLKIT:

Tumor Factors and Treatment Options for Patients with Early-Stage Breast Cancer

A free, downloadable resource created in partnership with Decera Clinical to help patients, caregivers, and healthcare professionals make more informed decisions about early-stage breast cancer.

Empowering conversations. Supporting choices. Advancing care.

- Evidence-Based Education**
Clear information on tumor factors and treatment approaches.
- Expert-Selected Options**
Examples for HR-positive, HER2-positive, and Triple-Negative (TNBC) disease.
- Designed for Meaningful Conversations**
Questions and tools to help you and your care team decide what's best for you.
- Free & Accessible**
Download, explore, and share with your care team.

DOWNLOAD YOUR FREE TOOLKIT TODAY!
<https://power.tigerlilyfoundation.org/impacts-and-insights/>

DECERA CLINICAL Education

In Partnership With: **DECERA CLINICAL Education**

Supported by educational grants from: **AstraZeneca** | **Daiichi-Sankyo**

Tigerlily Foundation and Decera Clinical Education have partnered to create a free, interactive patient toolkit designed to make understanding an early-stage breast cancer diagnosis and treatment options easier.

The toolkit provides accessible education on tumor factors, treatment options, HR-positive and HER2-positive breast cancer, triple-negative breast cancer (TNBC), and important questions patients can ask to support informed conversations with their healthcare team.

Created for patients, caregivers, and healthcare professionals, this resource is designed to help individuals feel more informed and empowered when navigating care.

DOWNLOAD THE FREE TOOLKIT HERE

Explore the POWER Topical Issue Brief Series



Tigerlily Foundation **POWER Center**

EVIDENCE. EQUITY. EMPOWERMENT.
Exploring research gaps. Advancing solutions. Improving cancer care.

TOPICAL ISSUE BRIEF SERIES

Concise, up-to-date literature reviews on the issues that matter most in patient-centered cancer research and care.

CURRENT TOPICS

- Fertility Preservation and Provider Navigation in Oncology Care**
- Barriers to Biomarker Testing Among Black Women With HR+ / HER2- Metastatic Breast Cancer**
- Breast Cancer Disparities Among Black Women in Rural Communities**
- Administrative Burden and Insurance Navigation in Cancer Survivorship**

We invite researchers, clinicians, advocates, patients, and caregivers to join the conversation.
Your voice can drive change.

Which topic would you like to explore first? Let us know in the comments!
Explore the full series at: <https://power.tigerlilyfoundation.org/impacts-and-insights/>

Tigerlily Foundation's POWER Center of Excellence is proud to introduce its Topical Issue Brief Series, featuring concise, evidence-based reviews of timely issues impacting patient-centered cancer research and care.

Each brief examines current research, highlights gaps in knowledge, and explores barriers and opportunities for improving care across the cancer continuum. Current topics include fertility preservation and provider navigation, breast cancer disparities among Black women in rural communities, barriers to biomarker testing among Black women with HR+/HER2- metastatic breast cancer, and administrative and insurance challenges in cancer survivorship.

Researchers, clinicians, advocates, patients, and caregivers are invited to explore these insights and help advance conversations and solutions toward more equitable, patient-centered cancer care.

LEARN MORE HERE

Share a Resource: Help a Patient Ongoing Support with Ina[®]: 24/7 Nutrition & Symptom Guidance by Text The Intelligent Nutrition Assistant from Savor Health[®]

INTRODUCING INA[®] THE INTELLIGENT NUTRITION ASSISTANT FROM SAVOR HEALTH[®]

- Personalized 24/7 Nutrition Guidance at Your Fingertips
- The Knowledge of Experienced Cancer Professionals
- Safe, Secure and Free



Through our partnership with Savor Health, Tigerlily Foundation offers access to Ina[®], a text-based tool that delivers personalized, evidence-based nutrition and symptom management support for cancer patients — anytime you need it.

Here's what Ina[®] can help you with:

- 24/7 answers to nutrition and symptom questions via SMS text
- Tailored tips, recipes, and expert guidance — no appointments needed
- Advice from oncology-credentialed dietitians, nurses, and doctors
- Free, secure, and private access whenever you need support
- Feeling strong throughout your cancer journey starts with informed, timely support — and Ina[®] is always just a text away.

SIGN UP TODAY!



Tigerlily Foundation
20 Years of Beauty. Strength. Transformation

