



# The SPARK Issue

MAY 2026



## The SPARK Issue

As we move through May, we are reminded of the power of community, compassion, and showing up for one another with intention.

This month, we're continuing important conversations around advocacy, mental health, survivorship, and patient empowerment — while celebrating the strength and resilience that lives within the Tigerlily community every single day.

From impactful programs and advocacy efforts to meaningful stories and upcoming events, this issue reflects the many ways our community continues to create change, uplift one another, and lead with purpose.

Thank you for being part of this journey with us. Together, we continue to build a future rooted in hope, empowerment, and action.

With gratitude,  
Tigerlily Foundation



# Thank you to everyone who joined us in Miami for the Bliss Collective: Brunch & Sip.



Photography by K13 Photography

From the moment we came together, the room was filled with warmth, openness, and a powerful sense of community. It was a space where women showed up fully ready to listen, share, and pour into one another.

Through meaningful conversations on clinical trials, survivorship, mental health, wellness, and more, we witnessed the power of connection and the impact of creating spaces where women feel seen, heard, and supported.

Take a look at some of our favorite moments and feel the energy that made Miami so special.

This is what choosing Bliss looks like — and we're just getting started.

A special thank you to our valued partner, Bristol Myers Squibb, for helping bring this experience to life.



# 12th Annual Young Women's Health Day on the Hill

## 12TH ANNUAL YOUNG WOMEN'S HEALTH DAY ON THE HILL



Register today!

JUNE 3, 2026 | 1:00 PM - 2:30 PM

### MODERATOR



**Maimah Karmo**  
Founder & CFO  
Tigerlily Foundation

### PANELISTS



**Camille Lewis**  
Tigerlily ANGI Advocate  
Breast Health Justice Advocate  
Breast Cancer Survivor



**Paris Smith**  
Tigerlily ANGI Advocate  
Breast Cancer Survivor



**Nishith Pandya**  
Director, Federal Advocacy  
American Cancer Society,  
Cancer Action Network

### SPECIAL REMARKS BY:



**Lucy McBath**  
(GA-06)

Join Tigerlily Foundation for the 12th Annual Young Women's Health Day on the Hill (YWHD), an important advocacy event focused on improving patient access to life-saving treatments and care.

This year's event will highlight the Clinical Trial Modernization Act, the Safe Step Act, and the importance of ensuring patients can access the treatments they need without unnecessary barriers.

Hear from patient experts, advocacy leaders, and policy professionals about clinical trial access, financial support for patients, and the real impact of step therapy on care and outcomes.

Rayburn House Office Building, Room 2044  
45 Independence Ave SW, Washington, DC

Wednesday, June 3, 2026  
1:00–2:30 PM ET  
(Doors Open at 12:30 PM ET)

Lunch will be provided.

**RESERVE YOUR SPOT TODAY**

## Raise Your Voice for Clinical Trial Access & Diversity



**We Believe  
All Patients  
Should Have Access  
To Clinical Trials  
Without A Crippling  
Financial Cost**

Access to clinical trials should be available to everyone, but too often, financial hurdles stand in the way.

**The Clinical Trial Modernization Act (CTMA)** aims to change that by expanding access, reducing out-of-pocket costs, and removing outdated barriers that keep people from potentially life-saving research. We need your voice to help push this bill forward.

Whether you've personally faced financial hardships while trying to join a trial, or you simply believe that clinical trials should be accessible to all — please fill out our short form. Your responses will help create an interactive heat map, where each pin represents a location and a story (anonymously if you prefer). Click on a pin to read why equitable access matters, or what barriers exist for real people.

This tool will equip advocates and policymakers with powerful, place-based evidence to build support, secure votes, and educate leaders on the struggles their own constituents face.

**SHARE YOUR EXPERIENCE OR PERSPECTIVE**

Together, we can turn stories into action.

# May is Bladder Cancer Awareness Month



We're proud to share a new resource from Tigerlily Foundation dedicated to bladder cancer education, awareness, and patient support.

Bladder cancer in women is often misunderstood — and too often diagnosed later. That's why awareness, education, and advocacy matter.

- Learn the signs
- Hear real stories
- Find support and resources

A heartfelt thank you to **Brittney, Dee, and Liz** for sharing your survivorship journeys and helping educate and empower others through your voices and experiences.

EXPLORE THE NEW PAGE AND HELP  
US RAISE AWARENESS

Because knowledge  
empowers. Awareness  
save lives. And no one  
should face this alone.



# ANGEL Advocacy Program

Ready to use your voice to advocate, educate, and lead?



At 33 years old, Havyne Cooper was diagnosed with stage 4 HER 2+ invasive ductal carcinoma of the left breast after feeling a lump while in the shower. Initially dismissed by her doctor, Havyne advocated for herself and saved her life. Now she uses her platform to spread awareness, advocacy, and the power of positivity. She has been featured on the Jennifer Hudson show, Let's Make a Deal, her local news channels and through her hospital's newsletter to share her story and spread the importance of advocating for yourself.

She is honored to be a Tigerlily advocate and a resource for her community!

**Havyne Cooper**  
TLF ANGEL Advocate

The Tigerlily Foundation ANGEL Advocacy Program is currently accepting applicants for our 2026 training cohorts — and with multiple start dates throughout the year, you can join when it works best for you.

- Wednesday evening sessions.
- Expert-led advocacy training.
- Learn to speak at events, educate communities, support research, and drive equity in breast cancer care.

Cohorts are running from March through December, giving you the flexibility to choose a timeline that fits your life and goals.

If you've been waiting for the right moment to step into advocacy — this is it.

**APPLY TODAY AND BECOME A  
TIGERLILY ANGEL ADVOCATE**

**TIGERLILY  
ANGEL  
ADVOCACY PROGRAM**

Join Mrs. Vickie for the upcoming 2026 ANGEL Advocacy training cohorts on Wednesday evenings:

- Cohort 45: March 4th - April 1st
- Cohort 46: April 15th - May 13th
- Cohort 47: May 20th - June 17th
- Cohort 48: July 1st - July 29th
- Cohort 49: August 9th - September 12th
- Cohort 50: September 23rd - October 21st
- Cohort 51: November 4th - December 9th

Vickie R. Williams Cullins  
Trainer

Email [TLFANGEL@tigerlilyfoundation.org](mailto:TLFANGEL@tigerlilyfoundation.org) to apply!

## Help us empower more ANGEL Advocates

Your support fuels advocacy, education, and community — ensuring more women have access to the resources they deserve.

**DONATE TO OUR  
ANGEL PROGRAM**

# Bilingual Rock Your Ribbon Cancer Survivorship Summit + Vivir Y Avanzar 2026

305 PINK PACK

**UNSTOPPABLE**  
**THE ANGEL TOUR**

**Tigerlily Foundation**  
beauty. strength. transformation.

**Bilingual Rock Your Ribbon Cancer Survivorship Summit + Vivir Y Avanzar 2026**

June 13, 2026  
10am - 1pm

MDC West Campus,  
Doral, FL

NOVARTIS

#ANGELsEverywhere | #UnstoppableANGELTour

Tigerlily Foundation and our incredible ANGEL Advocates are excited to be part of the 2026 Rock Your Ribbon Cancer Survivorship Summit!

Join us on June 13th at the MDC West Campus in Doral as we come together for a day of connection, education, survivorship support, and community empowerment. This free bilingual event is designed for individuals impacted by cancer, including survivors, caregivers, advocates, and supporters.

Stop by the Tigerlily booth to meet our ANGELs, learn more about our programs and resources, and connect with a community committed to ensuring no one navigates their cancer journey alone.

We hope to see you there! Register today and join this impactful event focused on survivorship, education, and building stronger communities together.

MDC West Campus, Doral, FL  
June 13, 2026  
8:00 AM - 3:00 PM EDT

We hope to see you there!

ENGLISH REGISTRATION

REGISTRO EN ESPAÑOL

## There's nothing like seeing our ANGEL Advocates show up, connect, and shine together in community.

We loved seeing our ANGELs gathered at BaddieCon — building connections, sharing space, uplifting one another, and representing the power of advocacy, sisterhood,

Moments like these are a beautiful reminder that community matters, and no one should ever have to navigate their journey alone.

**Our ANGELs continue to inspire us everywhere they go.**



## Spotlight on ANGEL Advocate: Anetra Bey

Check out ANGEL Anetra Bey featured on The Cancerland Podcast!

She shares about her breast cancer journey, disparities in clinical trials, and how to help get more Black women represented in clinical trials.

Through honest storytelling and meaningful dialogue, Anetra continues to use her voice to educate, empower, and advocate for change.



[WATCH THE FULL RECORDING](#)

## Introducing Tigerlily's Peer Navigation Program: EMPOWERHER



**EMPOWERHER**  
Heart-centered. Empathy-driven. Rooted in Love.

You don't have to face this alone. Our trained Peer Navigators stand beside you, guiding each step with empathy, compassion and understanding.

**EMPOWERHER SUPPORT**  
Heart-centered. Empathy-driven. Rooted in Love.

At Tigerlily Foundation, we believe no one should have to navigate cancer alone. That's why we're proud to share our Peer Navigation Program — a heart-centered support system designed to walk alongside patients, caregivers, and families with empathy, cultural humility, and lived experience.

Our trained Peer Navigators provide one-on-one support, helping individuals make sense of their diagnosis, access resources, navigate care, and feel truly seen and heard. Whether someone is newly diagnosed, in treatment, transitioning to survivorship, or facing barriers to care, our navigators meet people where they are — offering guidance, gentle check-ins, and compassionate support at no cost.

This program is about more than navigating systems — it's about community, connection, and ensuring every person has someone walking beside them on their journey.

[LEARN MORE HERE](#)

## Find Your Circle. Find Your Connection.

Every woman's journey is different. Every supporter's path is too. Tigerlily Foundation's Circles offer meaningful ways to connect, advocate, lead, give, and create lasting impact.

### One Mission. Four Ways to Belong

Whether you advocate, lead, give monthly, or rally your community — there's a place for you here!



Click on the circles to learn more!

Four circles. One powerful community transforming the future for women facing cancer.  
Which Circle will you join?

## Spotlight on Tigerlily Foundation Leadership:

### Rachana Kanvinde, CCRP, Advancing Innovation in Clinical Research and Patient Access

At Tigerlily Foundation, innovation in cancer care is more than advancing science — it's about making sure every patient feels seen, informed, supported, and connected to opportunities that could change or save lives.

That mission is deeply reflected in the work of Rachana Kanvinde, Director of Clinical Trial Access and Partnerships and leader of Tigerlily's SPARK Center of Excellence. With more than 20 years of experience across oncology, rare disease, gene therapy, and advanced therapeutics, Rachana has dedicated her career to improving how clinical research is experienced by patients and communities while bridging industry innovation with patient-centered access.



Through SPARK, Tigerlily is helping bridge the gap between research and real-world access by expanding education, strengthening patient navigation, and building trust within historically underserved communities. Initiatives like ONE in a MILLION, the Make It Make Sense education hub, and the ANGEL navigation program are helping patients better understand their options while creating more connected pathways into care, education, and research participation.

At the center of this work is a belief that equitable access must be intentionally built into the clinical trial ecosystem from the beginning.

“The biggest shift happening right now is recognizing that access is not a downstream problem — it’s a design problem,” Rachana shared. “Equity, inclusion, and patient engagement must be built into trials from the very beginning.”

She also emphasized the importance of rethinking how patients experience research participation. “SPARK is helping transform clinical trials from transactional experiences into relationship-centered experiences rooted in trust, education, and community support.”

Rachana recently expanded this conversation nationally through her published article with the [Association of Clinical Research Professionals \(ACRP\)](#), “Empowering Research-Naïve PIs for Complex and Advanced Therapeutic Trials,” which highlights the importance of operational readiness, infrastructure, and cross-sector collaboration in advancing more inclusive and accessible clinical research for the future.



# Mental Health Matters



A reminder that your mental health **matters** just as much as your physical health.



You are deserving of care, support, rest, and compassion — **every single day.**

May is Mental Health Awareness Month — a reminder that caring for your mental and emotional wellbeing is just as important as caring for your physical health.

At Tigerlily Foundation, we recognize the importance of creating space for rest, support, healing, and honest conversations around mental health — especially for those navigating cancer, survivorship, caregiving, and advocacy.

This month, we encourage our community to check in with themselves and with one another, lead with compassion, and remember that no one should have to carry everything alone.

You are deserving of care, support, and grace — every single day.

# Share a Resource: Help a Patient

Ongoing Support with Ina<sup>®</sup>: 24/7 Nutrition & Symptom Guidance  
by Text *The Intelligent Nutrition Assistant from Savor Health*<sup>®</sup>

## INTRODUCING INA<sup>®</sup> THE INTELLIGENT NUTRITION ASSISTANT FROM SAVOR HEALTH<sup>®</sup>

- Personalized 24/7 Nutrition Guidance at Your Fingertips
- The Knowledge of Experienced Cancer Professionals
- Safe, Secure and Free



Through our partnership with Savor Health, Tigerlily Foundation offers access to Ina<sup>®</sup>, a text-based tool that delivers personalized, evidence-based nutrition and symptom management support for cancer patients — anytime you need it.

### Here's what Ina<sup>®</sup> can help you with:

- 24/7 answers to nutrition and symptom questions via SMS text
- Tailored tips, recipes, and expert guidance — no appointments needed
- Advice from oncology-credentialed dietitians, nurses, and doctors
- Free, secure, and private access whenever you need support
- Feeling strong throughout your cancer journey starts with informed, timely support — and Ina<sup>®</sup> is always just a text away

**SIGN-UP TODAY!**

## Partner Corner

### Open and honest conversations about health can make all the difference when it comes to understanding our bodies and feeling empowered to take action for our health.

Recent research highlights why this work is so important. [The Novartis Breast Health & Experience Index](#) captured the experiences of 3000 women with and without breast cancer and revealed that conversations around breast health remain challenging for many:

- Over 2 in 3 women wish they had taken more control of their breast health earlier in life.
- Two in 5 women wish they had more open conversations about breast health with others.
- More than half say society’s view of breasts shapes how they feel about their own bodies.
- One in 3 women rarely discuss breast health outside of clinical settings.

Visit [yourattentionplease.com](http://yourattentionplease.com) to explore resources for more open, inclusive conversations.



## Official Georgia Clinical Trials Day Celebration

Join clinical research professionals, healthcare leaders, academic institutions, sponsors, CROs, patient advocates, and community stakeholders from across Georgia for a curated in-person leadership experience recognizing Georgia’s official Clinical Trials Day proclamation and celebrating Clinical Trials Day hosted by ACRP ATLANTA CHAPTER.

Saturday, June 13, 2026  
9:30 AM - 2:00 PM ET  
Hyatt Regency Atlanta Perimeter  
at Villa Christina | Atlanta, GA

Registration closes June 6, 2026

**REGISTER HERE!**

### Featuring:

- Keynote Address | Executive Leadership Panel | Fireside Leadership Conversation | Networking Brunch

# First Descents New Core Program Alert:

## Whitewater Kayaking in Tarkio, Montana



First Descents has added a new Core Program to their 2026 lineup — Whitewater Kayaking on the Clark Fork River in Tarkio, Montana.

Set at a beloved legacy site, this experience offers a unique opportunity for connection, adventure, and community both on and off the water. The Clark Fork is an ideal river for beginners and those looking to build confidence, with participants staying at the scenic “Wolf Den” river camp.

**Program Dates:**

July 12–17 (Caregivers)

July 19–24, July 26–31, August 2–7 (Oncology)

All Core Programs are free, one-time experiences that include lodging, gear, expert instruction, chef-prepared meals, and connection with the First Descents community.

Spots are limited — learn more and apply through the First Descents portal.

[CLICK HERE TO LEARN MORE!](#)



**Tigerlily Foundation**

*20 Years of Beauty. Strength. Transformation*

