



The Blooming Issue

APRIL 2026



Bloom Together: A Community That Grows Impact

This April, as the world around us begins to bloom, we're reflecting on something just as powerful—[the strength of a community that grows together.](#)

For 20 years, Tigerlily Foundation has stood beside young women facing cancer—offering support, education, advocacy, and connection in moments that can feel overwhelming and isolating. But this work has never been done alone. It has always been powered by you. In every story you share. In every hand you extended to someone at the beginning of their journey.

Together, we have built more than programs—we have built a community of care. The Tigerlily team believes that philanthropy is not just about giving—it's about belonging. It's about saying, *"I see you. I'm with you. You matter."*

This month, we invite you to **Bloom Together** with us. Please consider making a gift – of any size. Your support ensures young women have access to life-saving education, expand survivorship programs that foster healing and connection. Your gift sends a message—that no one walks this path alone.

As we celebrate 20 years of impact, we are also looking ahead—to the lives we have yet to reach; the stories still unfold, and the community that will continue to grow. [Make your gift today and be part of what blooms next.](#)



Thank you to everyone who joined us in Atlanta for the Bliss Collective: Brunch & Sip



Photography by Quiet Frame Photography

From the moment we gathered, the space was filled with connection, honesty, and a shared commitment to prioritizing our health and well-being. Your presence helped create an experience rooted in community, empowerment, and meaningful conversation.

Swipe through for some of our favorite moments—from powerful stories to impactful discussions on clinical trials, triple-negative breast cancer, survivorship, mental health, wellness, and more—and feel the energy that made this gathering so special.

Here's to continuing to choose Bliss—together. Stay tuned as we bring this experience to more cities.

A special thank you to our valued partner, Bristol Myers Squibb, for supporting the Bliss Collective.



Miami, we're bringing the Bliss Collective: Brunch & Sip experience to you next!

Bliss COLLECTIVE MIAMI

Supa Cindy
MISTRESS OF CEREMONIES
Award Winning Media Personality and Hospitality Influencer

Maimah Karmo
MODERATOR
President & CEO, Tigerlily Foundation

Valencia Robinson
TNBC Survivor, TLF ANGEL Advocate

Jessenia Cisneros
TLF ANGEL Advocate

Terlisa Sheppard
TLF ANGEL Advocate

Jessie Desir, Ph.D., M.S. Ed., RN, AMB-BC, OCN
Nurse EdVantage On-Call

Amara Brown
TLF ANGEL Advocate

Christine Sainvil, Ph.D.
LICENSED PSYCHOLOGIST
Shades of ME Inc & Serenity Envisioned PLLC

Saturday, April 25, 2026
10:30 - 2:00 PM EDT

InterContinental Miami
100 Chopin Plaza, Trade Room, Miami, FL 33131

Empowerment • Resilience • Living Your Blessed Life

Join Tigerlily Foundation & Bristol Myers Squibb for a beautiful brunch gathering designed to uplift and empower women through conversations about **wellness, advocacy, and community.**

InterContinental Miami
April 25
10:30 AM – 2:00 PM

Come sip, connect, and celebrate the power of women supporting women.

RSVP Today!

ANGEL Advocacy Program



Ready to use your voice to advocate, educate, and lead?

The Tigerlily Foundation ANGEL Advocacy Program is currently accepting applicants for our 2026 training cohorts—and with multiple start dates throughout the year, you can join when it works best for you.

- Wednesday evening sessions.
- Expert-led advocacy training.
- Learn to speak at events, educate communities, support research, and drive equity in breast cancer care.

Cohorts are running from March through December, giving you the flexibility to choose a timeline that fits your life and goals.

If you've been waiting for the right moment to step into advocacy—this is it.

Apply today and become a Tigerlily ANGEL Advocate

Help us empower more ANGEL Advocates.

Your support fuels advocacy, education, and community—ensuring more women have access to the resources they deserve.

[Donate to Our ANGEL Program.](#)

TIGERLILY ANGEL ADVOCACY PROGRAM

Join Mrs. Vickie for the upcoming 2026 ANGEL Advocacy training cohorts on Wednesday evenings:

- Cohort 45: March 4th - April 1st
- Cohort 46: April 15th - May 13th
- Cohort 47: May 20th - June 17th
- Cohort 48: July 1st - July 29th
- Cohort 49: August 9th - September 12th
- Cohort 50: September 23rd - October 21st
- Cohort 51: November 4th - December 9th

Vickie R. Williams Cullins
Trainer

Email TLFANGEL@tigerlilyfoundation.org to apply!

Read Our Latest Op-Eds



**Cancer Patients
Like Me Need
340B Reform That
Puts Us First**
by Garrina Ross,
Tigerlily ANGEL
Advocate

Our voices matter—and our stories have the power to drive change.

In this powerful op-ed, Tigerlily ANGEL Advocate Garrina Ross shares the real and urgent need for 340B drug pricing reform that truly puts patients first. From lived experience to policy advocacy, this is what it means to turn survivorship into impact.

The 340B program was created to help patients afford lifesaving care—but too often, those savings don't reach the people who need them most.

It's time for transparency. It's time for accountability. And it's time to ensure patients are at the center—where they belong.

[Read Garrina's Op-Ed Here](#)



**We Owe it to Breast
Cancer Patients to
Fix the 340B
Drug Program**

by Tigerlily
Foundation CEO
& President
Maimah Karmo

Driven by the legacy
of ANGEL Ravan
Patrick's advocacy

We owe it to patients. We owe it to advocates like Ravan Patrick.

Read Tigerlily Foundation's latest opinion editorial on the 340B program in New York—honoring Ravan's legacy and continuing the work to ensure equitable access to care for breast cancer patients.

[Read Maimah's Op-Ed Here](#)

Tigerlily's POWER Center wants to hear from you



Tigerlily
Foundation
Beauty. Strength. Transformation.



We're hosting paid, virtual focus groups for women with breast cancer to learn how treatment options, including fertility preservation, were explained to you. We want to know what was helpful and what else you wish you had known.

If you are interested, please let us know by submitting your name and email through the link below!

[Focus group sign-up](#)

Space is limited, so please let us know right away and share this opportunity with others.

Celebrating Clinical Trials Leadership in Georgia



We're proud to celebrate an exciting milestone shared by **Rachana Kanvinde, Director of Clinical Trial Access & Partnerships at Tigerlily Foundation.**

The State of Georgia has officially proclaimed **May 20, 2026 as Clinical Trials Day**, recognizing the vital contributions of clinical research professionals who drive medical innovation and expand access to care.

From investigators and nurses to patient advocates and research teams, this work is essential to advancing science, improving outcomes, and ensuring more patients can benefit from clinical trials.

As President of the ACRP Atlanta Area Chapter, Rachana played a key role in this effort—helping to elevate awareness and bring visibility to a field that is critical, yet often behind the scenes.

We're proud to celebrate this moment and the continued progress toward greater access, awareness, and equity in clinical research.

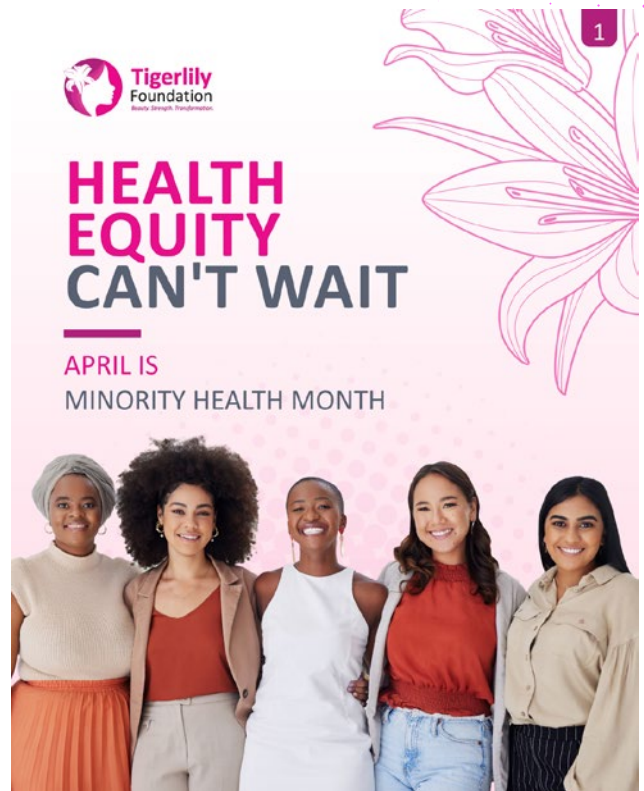
Closing the Gap in Care

April is Minority Health Month — a time to recognize the persistent disparities that continue to impact health outcomes in underserved communities, particularly for women of color.

Barriers to access, gaps in education, and underrepresentation in research all contribute to inequities in care. These challenges are not new — but they are urgent.

At Tigerlily Foundation, we are committed to changing this reality. Through education, advocacy, and community-driven support, we work to ensure that every woman has access to the information, resources, and care she deserves — no matter her background or where she lives.

Together, we can raise awareness, amplify voices, and take meaningful steps toward a more equitable future in healthcare.



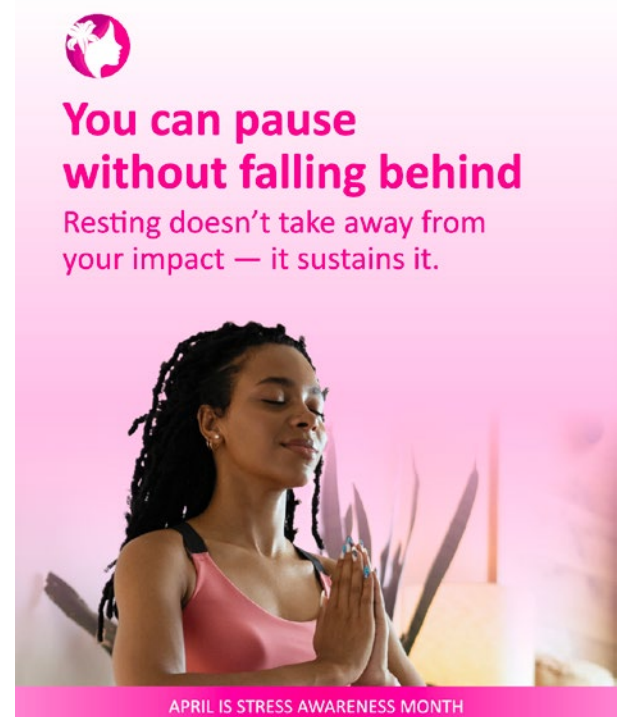
Here's Your Reminder to Reset

April is Stress Awareness Month—a reminder that caring for your well-being matters. Whether it's taking a break, stepping outside, or simply giving yourself a moment to breathe, small acts of care can help restore balance and support your overall health.

Simple ways to check in with yourself:

- Take a few deep, intentional breaths
- Step outside for fresh air or a short walk
- Pause and stretch your body
- Drink water and nourish yourself
- Give yourself permission to rest—even briefly

Even the smallest moments of care can make a meaningful difference.



Partner Corner

Ongoing Support with Ina[®]: 24/7 Nutrition & Symptom Guidance
by Text *The Intelligent Nutrition Assistant from Savor Health[®]*

INTRODUCING INA[®] THE INTELLIGENT NUTRITION ASSISTANT FROM SAVOR HEALTH[®]

- Personalized 24/7 Nutrition Guidance at Your Fingertips
- The Knowledge of Experienced Cancer Professionals
- Safe, Secure and Free



Through our partnership with Savor Health, Tigerlily Foundation offers access to Ina[®], a text-based tool that delivers personalized, evidence-based nutrition and symptom management support for cancer patients — anytime you need it.

Here's what Ina[®] can help you with:

- 24/7 answers to nutrition and symptom questions via SMS text
- Tailored tips, recipes, and expert guidance — no appointments needed
- Advice from oncology-credentialed dietitians, nurses, and doctors
- Free, secure, and private access whenever you need support
- Feeling strong throughout your cancer journey starts with informed, timely support — and Ina[®] is always just a text away

Sign-up today!

First Descents New Core Program Alert: Whitewater Kayaking in Tarkio, Montana



First Descents has added a new Core Program to their 2026 lineup—Whitewater Kayaking on the Clark Fork River in Tarkio, Montana.

Set at a beloved legacy site, this experience offers a unique opportunity for connection, adventure, and community both on and off the water. The Clark Fork is an ideal river for beginners and those looking to build confidence, with participants staying at the scenic “Wolf Den” river camp.

Program Dates:

July 12–17 (Caregivers)

July 19–24, July 26–31, August 2–7 (Oncology)

All Core Programs are free, one-time experiences that include lodging, gear, expert instruction, chef-prepared meals, and connection with the First Descents community.

Spots are limited—learn more and apply through the First Descents portal.

[Click here to learn more!](#)

Clean Beauty and Cancer: Why it Matters

Lipstick Angels

CLEAN BEAUTY & CANCER: WHY IT MATTERS



COMPLIMENTARY VIRTUAL MASTER CLASS

APRIL 24, 2026 • 11 AM - 12 PM PST

Lipstick Angels is pleased to host another free, virtual community class. The topic is Clean Beauty and Cancer: Why it Matters.

This informative lecture dives deep into the world of non-toxic beauty products, ingredients, how to make informed choices, and much more! There will also be a chance to win a fabulous clean beauty box filled with incredible products to jump-start a clean beauty routine!

[Register Here](#)

Breaking Cultural Barriers: Dr. Eun-Ok Im's Innovative Approach to Cancer Pain Management



Asian American Breast Cancer Survivor?



**EARN UP TO \$150
FOR 3 MONTH
ONLINE STUDY**

You may qualify if you:

- are 18 years or older.
- were diagnosed with breast cancer in the past.
- identify as Korean, Taiwanese, Chinese, or Japanese.
- have experienced pain and depressive symptoms.

CAI Study is an online cancer pain management program with individual optimization for Asian American Breast Cancer Survivors.



<https://cai.research.nursing.utexas.edu>

512-500-8144 (Call or Text)

512-232-2142 (Call)

cai.help@austin.utexas.edu

[Sign-up Here!](#)



Tigerlily Foundation

20 Years of Beauty. Strength. Transformation

