



THE RENEWAL ISSUE

JANUARY 2026



The Renewal Issue

With gratitude as we step into a New Year as we turn the page on 2025, I want to extend my deepest thanks to every donor who chose to stand with Tigerlily this past year—and to those who are just beginning their journey with us in 2026. Because of your generosity, Tigerlily was able to show up in powerful ways for women and families navigating breast cancer—amplifying voices, expanding access to education and care, and building community rooted in equity, dignity, and hope. On behalf of Maimah Karmo, our Founder & CEO, and the entire Tigerlily team, thank you for believing in what's possible when compassion meets action. Whether you've supported us for years or are joining us for the first time, you are an essential part of this movement. We are stepping into 2026 with gratitude, momentum, and a shared commitment to doing this work together.

With appreciation, Maureen Simmons, MA, CFRE Director of Philanthropic Growth & Legacy Impact, Tigerlily Foundation

Tigerlily Foundation 2026 Bliss Collective



**Tigerlily Foundation's Bliss Collective:
Coming Soon in 2026!**

New York | Miami | Atlanta | Los Angeles

Empowerment. Resilience. Living Your Blissful Life

Bliss is more than a brunch — it's a movement.

In 2026, Tigerlily Foundation's Bliss Collective: Brunch & Sip returns, bringing women together to pause, reconnect, and pour into their wellness through meaningful conversation, community, and joy.

Bliss Collective creates space for open, empowering discussions around women's health, mental wellness, self-advocacy, clinical trials, and navigating care — all within a supportive, uplifting environment designed to inspire connection and resilience.

Coming soon to New York, Miami, Atlanta, and Los Angeles.

Visit our website for information on upcoming events

Thank you to everyone who joined us for the launch of our first Bliss Collective event in New York. We can't wait to see you again!



Join our ANGEL Advocacy Program!



Advocate Now to Grow, Empower & Lead

At Tigerlily Foundation, we offer a 6 course engaging group learning experience that help you understand breast cancer, strengthen your voice, and make a difference in achieving equity for all.

How ANGEL Advocates make an impact in their community

- Speaking at events
- Advocate/educate on breast health
- Support researchers
- Work with health professionals
- Building breast cancer engagement/support community



Erica Fae

Award Winning Content Creator,
Artist, Flutist, ANGEL Advocate
Survivor Stage IV Breast Cancer

APPLY TODAY TO BECOME A TIGERLILY ANGEL ADVOCATE
For more information, email Clara Christenson at clara@tigerlilyfoundation.org

In 2026, we're inviting you to turn your lived experience into lasting impact. **The ANGEL Advocacy Program** equips advocates with the training, tools, and community needed to raise their voices, drive change, and support others navigating cancer and health disparities.

If you're ready to lead with purpose, stand alongside a powerful sisterhood, and help shape a more equitable future in women's health, **join us as an ANGEL Advocate in 2026.**

Apply to the ANGEL Program Today!

Introducing Tigerlily's Peer Navigation Program: EMPOWERHER



EMPOWERHER

Heart-centered. Empathy-driven. Rooted in Love.

You don't have to face this alone.
Our trained Peer Navigators stand
beside you, guiding each step with
empathy, access, and understanding.

EMPOWERHER SUPPORT

Heart-centered. Empathy-driven. Rooted in Love.

At Tigerlily Foundation, we believe no one should have to navigate cancer alone. That's why we're proud to share our Peer Navigation Program—a heart-centered support system designed to walk alongside patients, caregivers, and families with empathy, cultural humility, and lived experience.

Our trained Peer Navigators provide one-on-one support, helping individuals make sense of their diagnosis, access resources, navigate care, and feel truly seen and heard. Whether someone is newly diagnosed, in treatment, transitioning to survivorship, or facing barriers to care, our navigators meet people where they are—offering guidance, gentle check-ins, and compassionate support at no cost.

This program is about more than navigating systems—it's about community, connection, and ensuring every person has someone walking beside them on their journey.

**Learn more or request a Peer Navigator today and take
the next step toward supported, empowered care.**

50 Women. 50 States. One Mission.



RACE
ALLIANCE

RALLY AROUND COMMUNITY & EQUITY (RACE) ALLIANCE

50 Women. 50 States. One Mission.

The RACE Alliance brings together ANGEL Advocates nationwide to address inequities, elevate lived experience, and shape solutions that reflect every community.

We're proud to officially launch the RACE Alliance (Rally Around Community & Equity) — a national movement driving solutions for women's health and equity in breast cancer care, diagnosis, survivorship, and quality of life.

The RACE Alliance brings together ANGEL Advocates and key community stakeholders to elevate lived experience, address opportunities, and shape strategies that reflect and serve every community.

The Application Portal is now open!

We're calling on community-based leaders, patient advocates, oncologists, researchers, biopharma partners, the philanthropic community, and policy leaders to join us in leading action, recommendations, and real implementation.

Apply Today!

Together, we rally. Together, we lead change.

Policy Updates

Policy Update: FY 26 Progress Made, But Critical Deadlines & Healthcare Concerns Remain

**We need
Congress to
pass a budget
that protects
patients.**



As our lawmakers have returned to Washington and work on the FY26 Budget continue, two urgent issues with direct impact on our community and the broader U.S. healthcare landscape remain:

1. Progress on Funding, But Possible Shutdown Threat Remains (Deadline: January 30)

Congress has made progress to avert a partial shutdown. Lawmakers have unveiled a new bipartisan “minibus” package to fund the Departments of State and Treasury, the Office of Personnel Management, the General Services Administration, and other agencies through September 2026. The Senate is expected to pass it this week.

This marks the third such package, following the recent passage of bills funding the Departments of Commerce, Energy, Interior, Justice, the EPA, and NASA. Combined with funding passed in November, **eight of the twelve annual funding bills are now resolved.**

However, the work is not complete. Four critical bills remain unresolved, and the agencies they cover are still operating under the temporary Continuing Resolution (CR) that **expires on January 30**. If these final bills or another short-term patch are not passed by that date, a partial government shutdown will begin. This would disrupt federal health agencies, potentially delaying research, drug approvals, public health initiatives, and patient support services.

2. Healthcare Affordability Crisis Continues

The enhanced Affordable Care Act (ACA) premium tax credits **expired on December 31, 2025**, causing immediate premium increases for millions of Americans. This directly impacts the financial burden and access to care for many, including young women and underserved communities we serve.

While bipartisan Senate talks continue, and a House discharge petition (to force a vote on a 3-year extension) remains active, no legislative solution has been reached. The issue appears to be on a separate track from the appropriations process (budget), leaving families in a state of uncertainty.

Why This Matters to Tigerlily & U.S. Healthcare:

- **Shutdown Impact:** A lapse in funding for the remaining agencies could still destabilize the healthcare safety net and hinder critical federal functions.
- **Coverage at Risk:** Without restored tax credits, rising premiums force more individuals and families to forgo or struggle to afford healthcare coverage, leading to delayed diagnoses and treatments. This is unacceptable.

Advocacy for stable, affordable healthcare access remains at the core of our mission.
And we need your help!

Please continue to call on Congress to pass a budget that protects patients!

Join us and send a letter to your Representative today!

Use our social media toolkit to spread the message!

Read Tigerlily's official statement [HERE](#)

MY LIFE Matters Perkatory

MY LIFE Matters Magazine Perkatory

Politics and Policy Matters

Thursday, February 5th @ 7:00pm ET

*Featuring authors
from our upcoming
MY LIFE Matters
Publication!*



Scan to Register



Paula Chambers



Valerie David



Erica Fae



Garrina Ross



Brewing Tough Conversations
to Help Each Other Face Cancer



Join us for our next MY LIFE Matters Perkatory where we will be celebrating the creation and release of our newest issue, "Politics and Policy Matters". Thursday, February 5th, 2026 7:00-8:30pm ET.

Politics and policy don't live in headlines alone—they live in our bodies, our treatment options, and our futures.

This issue is dedicated to exploring why advocacy, research, and policy decisions matter, especially for young people living with cancer, stage IV disease, or in survivorship.

This event brings our community together to share stories, spark conversation, and remind one another that change begins when lived experience is heard. In partnership, we're creating space to use our voices for impact, to confront health inequities, and to show that no matter who you are or where you're from, your story matters.

Come as you are. Listen, share, and be part of a collective pushing for a more just and equitable future in cancer care.

[Register Today](#)

Donate to Tigerlily's Mission Today!

As we step into a new year, we're reminded that meaningful change is powered by community. At Tigerlily Foundation, your support fuels advocacy, education, wellness, and equity for women and families navigating cancer and health disparities.

Whether you're an individual giving from the heart, a group coming together with purpose, or a company investing in impact, **your generosity makes a difference**. Every donation helps amplify patient voices, expand access to resources, and drive systems-level change in women's health.

This year, join us in turning compassion into action. Together, we can build a future rooted in equity, empowerment, and hope.

**Give today.
Make an impact all year long.**



Partner Corner

Your 2026 Adventure Awaits

Our friends at First Descendants are starting registration for the 2026 adventures



Core Program registration is almost here! Inquire now and check out the options for registration opening Feb. 2 and get one step closer to a FREE, weeklong surfing, whitewater kayaking or climbing adventure.

[Visit the website 2026 programs!](#)

Sisters Informing Sisters Study

SISTERS INFORMING SISTERS

IMPROVING BREAST CANCER OUTCOMES

Are you a Black woman who has been diagnosed with breast cancer?

You may be eligible if:

- You identify as Black
- Are at least 18 years old
- Were recently diagnosed with breast cancer stages 0 – III

Are You a Black Woman Recently Diagnosed with Breast Cancer?

You may be eligible to participate in a study designed to improve patient-provider communication and shared decision-making.

Each eligible participant will be randomly selected for either the treatment group or the enhanced usual care group.

For more information, contact:

Ginell Ampey, MPH, CHES
Research Coordinator

VCU, Massey Cancer Center
804-628-5911 or gampey@vcu.edu

Ongoing Support with Ina®: 24/7 Nutrition & Symptom Guidance by Text The Intelligent Nutrition Assistant from Savor Health®

Through our partnership with Savor Health, Tigerlily Foundation offers access to Ina®, a text-based tool that delivers personalized, evidence-based nutrition and symptom management support for cancer patients — anytime you need it.

**INTRODUCING INA®
THE INTELLIGENT NUTRITION
ASSISTANT FROM SAVOR HEALTH®**

- Personalized 24/7 Nutrition Guidance at Your Fingertips
- The Knowledge of Experienced Cancer Professionals
- Safe, Secure and Free

PURE CAT

Here's what Ina® can help you with:

- 24/7 answers to nutrition and symptom questions via SMS text
- Tailored tips, recipes, and expert guidance — no appointments needed
- Advice from oncology-credentialed dietitians, nurses, and doctors
- Free, secure, and private access whenever you need support Feeling strong throughout your cancer journey starts with informed, timely support — and Ina® is always just a text away.

Try Ina Today!

Breastcancer.org's Metastatic Breast Cancer Hub

Tigerlily Foundation is proud to partner with Breastcancer.org on the launch of their Metastatic Breast Cancer (MBC) Hub—a vital resource designed to support people living with metastatic disease through credible information, practical tools, and compassionate guidance. This hub brings together trusted education, patient-centered insights, and evolving resources that empower individuals to better understand their diagnosis, navigate treatment decisions, and feel less alone throughout their journey.

We are especially grateful to **ANGEL Advocates Lisa Weems and Juanita Miller**, whose thoughtful advocacy feedback helped shape and strengthen this resource. Their lived experience and insights ensure the hub reflects the real needs of the MBC community and continues to grow in meaningful ways. This hub is a living, evolving tool—and we're honored to help ensure it remains responsive, inclusive, and impactful for those who need it most.

[Explore the Hub here!](#)

Living Beyond Breast Cancer: Hear My Voice Metastatic Advocacy Program

**LIVING BEYOND
BREAST CANCER®**

Hear My Voice

METASTATIC ADVOCACY PROGRAM

"I am truly grateful for the opportunity to be a part of the LBBC Leadership Volunteer program. It has not only empowered me as an advocate but also reminded me that my voice and journey matter."

~2025 Hear My Voice Advocate

lbbc.org/hearmyvoice

Are you living with metastatic (stage IV) breast cancer and looking for ways to make your voice heard? Living Beyond Breast Cancer is now accepting applications for our [Hear My Voice Metastatic Advocacy Program](#). This program is for people who want to advocate, raise awareness, and connect with others who truly understand life with metastatic breast cancer.

If you're interested in sharing your perspective and helping shape change, we'd love to hear from you. If you have any questions, please reach out Jade Leonart Adler, Community Engagement Coordinator at: jleonart@lbbc.org. Learn more and apply by January 28: <https://bit.ly/49KgTb5>

