

Clinical Trial Basics

Empowering you to help make more informed decisions as you advocate for your health.

What is a Clinical Trial?

Clinical trials test new treatments to ensure that it is safe and effective for all patients.

Why do clinical trials matter?



Help develop life-saving treatments.



Provide patients access to innovative care.



Improve healthcare for all.



Why you Should be Represented in Clinical Trials



When you participate in a clinical trial, you're not just helping yourself - you're helping the next person who looks like you, lives like you, and loves like you.

Representation means researchers learn how treatments work for **your body, your community, and your future generations.**

Because everyone deserves care that's made **with them in mind.**

Why you Should be Represented in Clinical Trials

Phase 1

A small group of healthy volunteers receives the treatment for the first time to test safety and dosage.



Phase 2

People with the condition being studied receive the treatment to see how well works and identify side effects.

Phase 3

Larger groups get the treatment to confirm its effectiveness and monitor reactions.



Phase 4

These happen after the treatment is approved, to learn more about long-term effects and best use in the real world.

"Shontè, what's the one word you think about when you hear the word clinical trials?"

Shontè Drakeford
Nurse Practitioner, ANGEL Advocate, MBC Thriver

"So, when I was first diagnosed, I thought EXPERIMENTAL now I think of REVOLUTIONARY."



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Different Types of Clinical Trials



Observational Trials

Cause and Effect Relationships

Does life experience A or B lead to the development of a health condition?

Diagnostic Studies

How effective is a new diagnostic method compared to current approaches?

Interventional Trials

Intervening in the Development or Existence of a Health Condition

Does new treatment A work better than the commonly used treatment B to prevent or treat a health condition?

Clinical Trial Diversity: Why it's Important

- Helps doctors understand how different bodies work and tailor treatments to individual.
- Leads to better health equity.
- Empowers communities to take charge of their health care options.
- Builds trust between communities and those in the medical field.

How to Learn More About Clinical Trials

If you are interested in a clinical trial try the steps below:

- Know and understand your current health conditions and diagnoses.
- Ask your doctor about any clinical trials that may be recruiting or starting soon that you might qualify for.
- Search reputable and credible websites to find potential trials near you.

Online Trial Search Tools

Breastcancertrials.org

Clinicaltrials.tigerlilyfoundation.org/clinical-trials-search/

Centerwatch.com/clinical-trials/listings

Clinicaltrials.gov

trialfinder.panfoundation.org

