



Tigerlily
Foundation
Beauty. Strength. Transformation.

THE THANKFUL HEARTS ISSUE

NOVEMBER 2025



As we approach the end of the year and the season of Thanksgiving, we're taking a moment to reflect on the journey we've walked together. This year has been filled with growth, resilience, and profound impact — made possible because of the powerful community standing with us. As we step into this season of gratitude, we want to thank you for your unwavering support, your voice, and your partnership in advancing our mission. There is so much to look back on with pride, and even more to look forward to in the months ahead.

We're thrilled to launch the Bliss Collective, a national movement built for women to pause, reset, and balance together!



Tigerlily Foundation's Bliss Collective: Brunch and Sip

Saturday, December 6, 2025 | 11:00 AM – 2:00 PM

📍 Sarabeth's Park Avenue South Restaurant
📍 381 Park Avenue S, New York, NY 10016



Hai Pollard | TLF ANGEL Advocate



Maimah Harms | President & CEO, Tigerlily Foundation



Michelle Benjamin-Anderson, MEd | TLF ANGEL Advocate

Empowerment • Resilience • Living Your Blissed Life

Created by the Tigerlily Foundation, the Bliss Collective: Brunch & Sip series is more than an event; it's a lifestyle activation for women's wellness and empowerment.

We'll be launching our first event in New York City!



Saturday, December 6th
11 AM to 2 PM



Sarabeth's Park Avenue South

Join us as we'll be connecting over conversations on self-care, mental health, community, and representation in clinical trials.

Register for free here!

Tigerlily's 3rd Annual BEACON Symposium



(L-R) Maimah Karmo, Jennifer Dean,
Leticia Boughton Price, Rachel Landauer



(L-R) Maimah Karmo, Erica Fae,
Olivia Backhaus, Thomas Johnson



(L-R) Maimah Karmo, Shreya Thompson,
Veronica Robinson, Marquita Goodluck

Photos by Imagine Photography DC

The recent BEACON Symposium was a powerful day of education, connection, and mobilization! We were thrilled to bring together such an engaged community of advocates, all united in the mission to advance health equity.

The energy in the room was palpable as attendees deepened their understanding of critical issues—from the complexities of drug pricing policies to the indispensable role of patient navigators and community health workers and the vital role of patient advocacy. The sessions equipped everyone with concrete steps we can take to make a difference.

The impact of the day was immediate and inspiring. Post-event feedback so far has been overwhelmingly positive, with attendees rating the event “Excellent” across the board. The most common takeaway? A renewed passion for advocacy and a desire to get more involved. Stay connected with us at Tigerlily for opportunities to do just that!

Thank you to our incredible speakers, partners, sponsors and every attendee who shared their voice and energy. The conversations started here will undoubtedly create waves of change. Our collective BEACON is shining brightly, and we can’t wait to see the advocacy actions you all take next.

THANK YOU TO OUR SPONSORS

PREMIERE SPONSOR



SUPPORTING SPONSOR



INSPIRATIONAL SPONSORS



STRENGTH SPONSORS



ANGEL Advocacy Program Spotlight



TIGERLILY
ANGEL
ADVOCACY PROGRAM

“

“After surviving cancer, I felt a strong calling to turn my experience into purpose. I wanted to use my story to bring hope, awareness, and support to others facing the same fight.

The advocate training helped me find my voice, share my story with confidence, and connect with others who share the same passion.

It strengthened my commitment to speak up for those who may not yet have the strength to do so.”

Shantel Nelson
TLF ANGEL Advocate



TIGERLILY
ANGEL
ADVOCACY PROGRAM

“

“Being an ANGEL Advocate isn’t just about my story—it’s about creating space for every woman like me to be seen, heard, and supported.

My mission is simple: to turn pain into purpose and make sure other “Lashelle’s” know they’re not alone.

Join me in this fight for hope, healing, and lasting change.”

Lashelle Scott, MPM
TLF ANGEL Advocate

ANGEL Advocates remind us of the power that comes from turning personal experience into purpose. Through the program, women gain the tools, confidence, and community they need to share their stories, speak up for those who can’t yet speak for themselves, and create lasting change in their communities.

The ANGEL Advocacy Program is more than training—it’s a movement rooted in hope, healing, and the belief that every woman deserves to be seen, heard, and supported. Our Advocates are transforming pain into purpose and lifting others through awareness, education, and compassion.

If you’re ready to make an impact and join a community committed to equity and empowerment, **become an ANGEL Advocate today.**

Learn more and apply today!

HUGE CONGRATULATIONS to our incredible ANGEL Advocate, Neosho Ponder!



We are beaming with pride to share that Neosho was honored with a prestigious award at the Hattitude Event on October 19! This award is a well-deserved recognition of her passion, leadership, and tireless advocacy.

Your light inspires us all. We are so proud to have you as part of the Tigerlily Family!

Tigerlily Foundation is officially an awardee for Action for Women's Health a global open call funded by Pivotal and managed by Lever for Change!



This award is a reminder that the work we've been doing and the women we serve matter. The approach we've refined is rooted in trust, shaped by those who know this terrain best, and is worth backing. We cannot wait to move forward with more resources and renewed focus on the communities who've trusted us from the start.

[Read more here!](#)

Help Improve Cancer Care



We're looking for patients with metastatic breast cancer to share their treatment experiences.



Terlisa Sheppard

ANGEL Advocate | 23 Year Florida MBC Thriver

Who Can Participate?

- ✓ Adults 18 years or older.
- ✓ Diagnosed with metastatic breast cancer (mBC) within the last 24 months.
- ✓ English or Spanish language proficiency.
- ✓ Reside in Florida, Georgia, Alabama and Mississippi.

Why Participate?

- ✓ Share your experience to help improve cancer care for others.
- ✓ Your input will help shape future support strategies for patients.
- ✓ Participants will be compensated for their time and efforts.



**Tigerlily
Foundation**
Beauty. Strength. Transformation.



We invite you to the website to learn more and sign up to participate!

If you have questions please email our study coordinator krista@tigerlilyfoundation.org



Policy Opportunity: U.S. Government Reopening and Budget Update

**We need
Congress to
pass a budget
that protects
patients.**



HEAL
POLICY CENTER
OF EXCELLENCE



After the longest shutdown in U.S. history, the government has reopened. This reopening is a chance to catch our breath, but it is not a win yet. We have seen this story before—short-term fixes that risk becoming the norm. We do not want this to happen, and cancer patients don't have the luxury of time. We will use this time until January 30 to keep the pressure on Congress. We are calling on them to pass a final budget that increases funding for the NIH and CDC, protects Medicaid, and reauthorizes the ACA tax benefits that make healthcare affordable for the communities we serve. [Read our full statement here.](#)

Join us in calling on Congress to protect research and cancer programs and create a budget that puts patients first by sending a letter to your Representatives:

<https://secure.everyaction.com/LrSgMWIAvkuHTRE2VJs39g2>

You can also help us spread the word with our social media toolkit.

New Podcast: The Role of Patient Organizations in Increasing Representation at the Clinical Trial Site Level



Tigerlily Foundation
Bravery. Strength. Transformation.

The Role of Patient Organizations in Increasing Representation at the Clinical Trial Site Level

Panelists

- 
Maimah Karmo
Founder & CEO
Tigerlily Foundation
- 
Tracy Battaglia, MD, MPH
Associate Cancer Center Director,
Cancer Care Equity
Yale Cancer Center
- 
Horace Clark
VP, General Manager
BlackDoctor.org
- 
Elizabeth George
Head, Patient Diversity
Labcorp
- 
Jeanne Regnante
Founder, Strategic Health
Equity Advisor, Patient 3i, LLC,
Tigerlily Foundation

Moderator

Reimagining a national ecosystem where proven patient engagement and navigation practices bring trusted clinical trial choices to every community. Thanks to [Patients As Partners in Clinical Research Community News](#), leaders from [Yale Cancer Center](#), [Labcorp](#), Tigerlily Foundation, and [BlackDoctor.org](#) are turning this possibility into reality.

[Learn more here!](#)

Partner Corner

Ongoing Support with Ina[®]: 24/7 Nutrition & Symptom Guidance by Text The Intelligent Nutrition Assistant from Savor Health[®]

INTRODUCING INA[®] THE INTELLIGENT NUTRITION ASSISTANT FROM SAVOR HEALTH[®]

- Personalized 24/7 Nutrition Guidance at Your Fingertips
- The Knowledge of Experienced Cancer Professionals
- Safe, Secure and Free



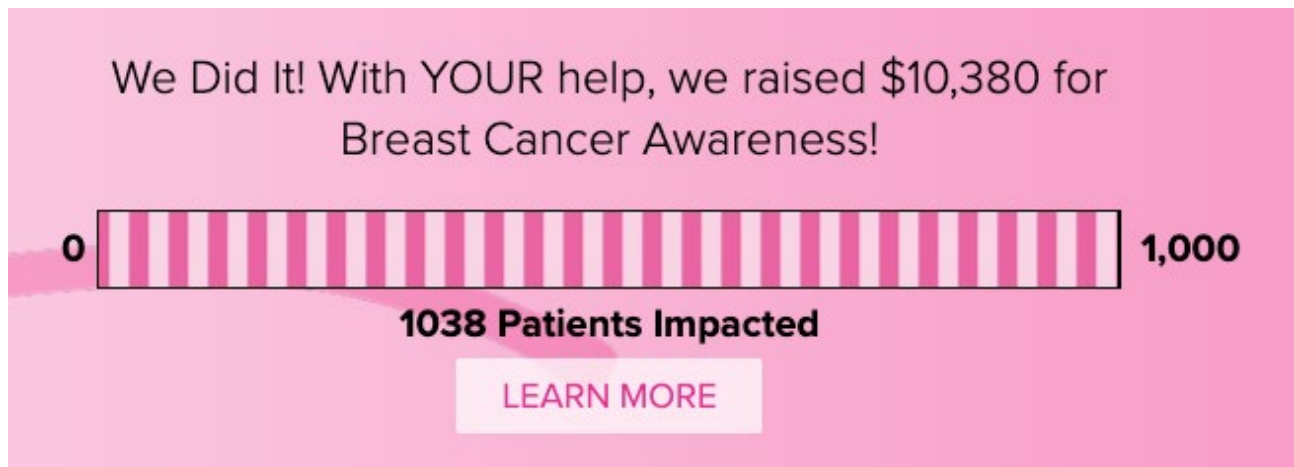
Through our partnership with Savor Health, Tigerlily Foundation offers access to Ina[®], a text-based tool that delivers personalized, evidence-based nutrition and symptom management support for cancer patients — anytime you need it.

Here's what Ina[®] can help you with:

- 24/7 answers to nutrition and symptom questions via SMS text
 - Tailored tips, recipes, and expert guidance — no appointments needed
 - Advice from oncology-credentialed dietitians, nurses, and doctors
 - Free, secure, and private access whenever you need support
- Feeling strong throughout your cancer journey starts with informed, timely support — and Ina[®] is always just a text away.

Try Ina Today!

Thank you to our partners at PreludeDx!



During the month of October, PreludeDx pledged to donate \$10 for every test performed, with proceeds benefiting Tigerlily Foundation, Research Advocacy Network, and the Breast Cancer Early Detection Coalition.

Thanks to the engagement of patients, clinicians, and partners, funds from this campaign will support our shared work to advance breast cancer education, early detection, health equity, and patient-centered research and advocacy.

We're grateful to PreludeDx for this meaningful partnership and to our community for helping drive better outcomes for people impacted by breast cancer every day.

This Giving Tuesday on December 2nd, help us continue the work of empowering, educating, and supporting women and families affected by breast cancer.



Your generosity fuels the programs that bring hope, advocacy, and life-changing resources to communities across the country. Every donation — big or small — helps us break down barriers, uplift patient voices, and ensure that no woman walks her breast cancer journey alone.



Make a gift today and join us in creating a future where compassion, equity, and support lead the way.

Donate to Tigerlily Today!



Tigerlily
Foundation
Beauty. Strength. Transformation.

