

THE RISE ISSUE

SEPTEMBER 2025



Tigerlily
Foundation
Beauty • Strength • Transformation •



The RISE Issue

September brings with it a powerful reminder of why our advocacy matters every single day. This month, we honor **Gynecologic Cancer Awareness, Childhood Cancer Awareness, and Blood Cancer Awareness** — shining a light on the courage of patients, survivors, and families navigating these journeys. **At Tigerlily, our commitment to health and better outcomes never pauses.** We're here to educate, empower, and stand alongside those impacted, ensuring no one walks this path alone. Together, let's keep advocating forward with hope, strength, and unwavering purpose.

Join Tigerlily Foundation's "30 Days of Hope Fundraiser" and help us raise \$100,000 in 30 Days



Breast cancer doesn't wait for October — and neither can we. This disease impacts women daily. Our goal is to provide education, advocacy, empowerment and community every single day of the year.

This is why Tigerlily Foundation is launching our **"30 Days of Hope" campaign to raise \$100,000 by September 30th**, to support young women before, during, and after a breast cancer diagnosis.



Our mission is to transform the lives of young women affected by breast cancer by providing education, advocacy, and support. We work tirelessly to eliminate disparities and improve access to care for all women, especially those in underserved communities.



Your donation today will directly support:

- **Our ANGEL Advocate program**, training women to be empowered for themselves, to guide others through their breast cancer journey and to amplify their voices to make a change
- **Community Health Workers** who bring vital education and screening information to underserved areas
- **Health Empowerment initiatives** to improve access to quality care for ALL women, regardless of age, stage, or socioeconomic status

Last year, we reached more than 2M women through educational and empowerment programs. With your help, we can reach even more.

[Donate today](#)

Every dollar brings us closer to a world where no young woman faces breast cancer alone

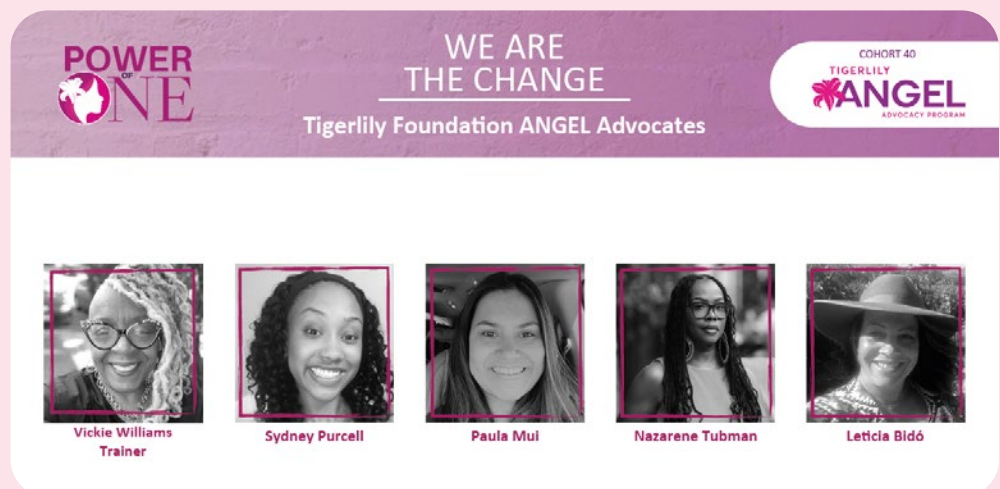
Celebrating Our Newest ANGEL Graduates!

We are thrilled to welcome the newest members of our ANGEL Advocacy family! This inspiring group, trained under the guidance of **Mrs. Vickie Williams**, may have been a smaller class—but their passion, resilience, and dedication shine just as bright.

Every ANGEL brings a unique voice and vision, and we can't wait to see the incredible

impact this cohort will make as they step into their advocacy journeys. Their work will carry forward Tigerlily's mission to educate, empower, and transform the lives of women affected by breast cancer.

Do you feel called to make a difference in your community? Join our growing network of ANGEL Advocates and use your voice to drive change.



Apply today and be part of the movement by clicking the link below or by emailing

clara@tigerlilyfoundation.org

[Click here to learn more!](#)

ANGEL Advocates Represent Tigerlily at Cancer Survivorship Summit



Tigerlily Foundation is proud to share that our ANGEL Advocates, **Aliya Whipple** and **Sonia Patel**, represented us at U.S. Representative **Debbie Wasserman Schultz's (FL-25) Cancer Survivorship Summit**. This important event focused on addressing life after a cancer diagnosis, highlighting gaps in survivorship care, and discussing critical policy proposals to improve outcomes for patients and survivors.

Aliya and Sonia were on the ground on behalf of Tigerlily Foundation to share vital resources, connect attendees with information about breast cancer and survivorship, and elevate the importance of patient-centered policy. By ensuring Tigerlily's voice and resources were present, they helped strengthen the conversation around survivorship and equity.

Together, we continue to advocate for a future where every survivor has access to the support, resources, and policies they need to thrive.

Thank you to everyone who joined us for our 4th CHOICE Event in Beverly Hills in partnership with Cancer Support Community Los Angeles and Tower Cancer Research Foundation!



It was an impactful afternoon of learning and empowerment, as we explored clinical trials, biomarkers, genetic testing, breast health, and HER2+ awareness. A special thank you to our ANGEL Advocates, Maricia Cole and Megan O'Neil, for sharing their voices on our empowerment panel, our moderator Julia Forth, and expert speaker Dr. Mediget Teshome for guiding such important conversations.

Alongside the learning, guests enjoyed community-building activities, including a brow bar, salt bath making, yoga, and refreshments.

We are so grateful to have connected with the Beverly Hills community and look forward to continuing the conversation on how education and advocacy can transform health outcomes.

Three Voices, One Mission: Raising Awareness for Gynecologic, Childhood & Blood Cancers



Childhood Cancer Awareness Month



Tameka Johnson
Tigerlily ANGEL Advocate

“Being diagnosed with osteosarcoma at 13 was scary and hard to manage, but that experience allowed me to build a strong foundation of resilience that prepared me for being diagnosed with breast cancer at 31 and again at 36.”

Every year in the U.S., about **15,000 children and adolescents are diagnosed with cancer**—making it the leading cause of death by disease among children. Behind every number is a story of courage, resilience, and hope.

We’re shining a light on **Tameka Johnson**, one of our inspiring Tigerlily ANGEL Advocates. Diagnosed with osteosarcoma at just 13, she built a foundation of strength and resilience that carried her through two breast cancer diagnoses later in life.

Her journey is a powerful reminder that survivorship is not just about survival—it’s about living boldly, giving back, and uplifting others.

[Learn more about Tameka’s story here!](#)

September is **Gynecologic Cancer Awareness Month** — a time to uplift the voices and journeys of women facing these diagnoses. Today, we’re highlighting **Soraya Fata**, a humanitarian lawyer, writer, and ovarian cancer survivor. Diagnosed with ovarian cancer while trying to conceive, Soraya’s path has been filled with challenges — from fertility struggles to multiple surgeries and life-altering treatments. Through it all, she has turned hardship into resilience. Soraya not only shares her journey through powerful writing but also advocates for women like her, reminding us that strength comes from meeting challenges head-on and carrying forward with courage.

Let’s honor Soraya’s story and amplify awareness about ovarian cancer. Together, we can build a world where no woman feels alone in her diagnosis.

[Learn more about Soraya here!](#)

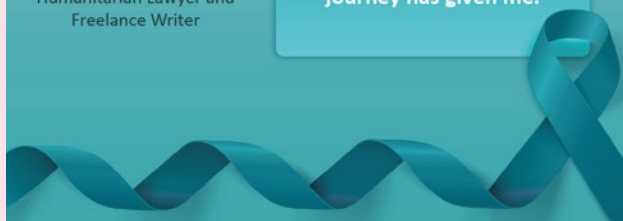


Ovarian Cancer Awareness Month



Soraya Fata
Humanitarian Lawyer and
Freelance Writer

“Resilience is not about avoiding hardship—it’s about meeting it, surviving it, and carrying forward with even more strength. That’s the gift my rare ovarian cancer journey has given me.”



September is Blood Cancer Awareness Month

a time to raise awareness of the challenges faced by those living with blood cancers and to highlight stories of strength and resilience.

Meet Amina.

She is a dancer. A Survivor. An advocate. Bold and unshakable.

At a young age, Amina was diagnosed with Stage 4B Hodgkin's lymphoma. Even through her illness, she radiated positivity and became a voice for others — standing strong, fighting medical injustices, and educating her community through advocacy. Since completing treatment in 2022, Amina has flourished as a professional dancer with



#MYLIFEISMYLEGACY

"The biggest take away from what I've experienced and what I would want to share with other people is that you have a voice, and you can use it no matter who's standing in the room with you."

Amina Vargas



THRIVER/PATIENT ADVOCATE

EVIDENCE, A Dance Company, performed at Carnegie Hall, and worked with renowned choreographers like Hope Boykin. She continues to share her story and advocate for young adults affected by cancer.

Amina is proof that blood cancer does not define a person's life or their legacy.

**Learn more about
Amina's story here!**

HEAL Policy Center of Excellence

NIH Funding



Congress is coming back from August recess and has the month of September to finalize the 2026 budget. Let them know NIH funding is necessary to continue innovation in cancer research!

[Click Here To Send Your Letter Today](#)

You can also use our social media toolkit to share with others about this important issue and encourage them to join you!

[Click here for the full social media toolkit!](#)

Access to Breast Cancer Diagnosis (ABCD) Act

At Tigerlily, our mission is to end the disparities that place an unfair burden on individuals facing breast cancer. A critical part of this fight is ensuring that a diagnosis is not delayed by financial hardship.

We are a proud member of the Alliance for Breast Cancer Policy in support of the Access to Breast Cancer Diagnosis (ABCD) Act. This vital legislation would require private insurance plans to cover all necessary diagnostic and supplemental breast imaging—such as MRIs and ultrasounds—with no out-of-pocket costs for patients. Early detection saves lives, but only if it is accessible to all.

Share with your organization: Click [HERE](#) to view the full letter and add your organization's support. Together, we can create a future where every person has equitable access to the care they need and deserve.

Enhanced Tax Credit Statement

Your Voice Can Protect Affordable Healthcare

For years, enhanced health insurance tax credits have been a powerful tool for equity, helping over 24 million people—including countless young women and those in marginalized communities—access affordable, life-saving healthcare through the Marketplace.

This critical support has empowered individuals to get screened, receive timely diagnoses, and access the treatments they need to thrive. But now, this progress is at risk.

Together, we have an opportunity to ensure these essential tax credits are extended, protecting coverage for millions and continuing the fight for health equity.

Join us in advocating for a future where everyone has access to the care they deserve.
Your voice can help create lasting change.

Learn more and find easy ways to take action in our full statement [HERE](#).





**Help Improve
Cancer Care
in Florida**

 We're looking for patients with metastatic breast cancer to share their treatment experiences.

 **Terlisa Sheppard**
ANGEL Advocate | 23 Year Florida MBC Thriver

Who Can Participate?

- ✓ Adults 18 years or older.
- ✓ Diagnosed with metastatic breast cancer (mBC) within the last 12 months.
- ✓ English or Spanish language proficiency.
- ✓ Reside in Florida.

Why Participate?

- ✓ Share your experience to help improve cancer care for others.
- ✓ Your input will help shape future support strategies for patients.
- ✓ Participants will be compensated for their time and efforts.



We invite you to the [website](#) to learn more and sign up to participate!

If you have questions please email our study coordinator krista@tigerlilyfoundation.org



Tigerlily Foundation is thrilled to give a big shout-out to ANGEL Advocate T'Ana Johnson for embracing adventure with First Descents!



Thank you for showing us what adventure, courage, fun, and joy look like. We invite you to explore upcoming adventures and thank First Descents for providing these incredible opportunities.

Our friends at First Descents provide life-changing outdoor adventures for young adults impacted by cancer and other serious health conditions. Programs ensure empowering adventures, unforgettable settings, and essential connections with fellow participants. First Descents programs are offered free of cost.

To learn more, go to <https://firstdescents.org/>

Read the full blog here!

Partner Corner

Ongoing Support with Ina[®]: 24/7 Nutrition & Symptom Guidance by Text The Intelligent Nutrition Assistant from Savor Health[®]

Through our partnership with Savor Health, Tigerlily Foundation offers access to Ina[®], a text-based tool that delivers personalized, evidence-based nutrition and symptom management support for cancer patients — anytime you need it.

INTRODUCING INA[®] THE INTELLIGENT NUTRITION ASSISTANT FROM SAVOR HEALTH[®]

- Personalized 24/7 Nutrition Guidance at Your Fingertips
- The Knowledge of Experienced Cancer Professionals
- Safe, Secure and Free









Sign up for Ina[®] Today!

Here's what Ina[®] can help you with:

- 24/7 answers to nutrition and symptom questions via SMS text
- Tailored tips, recipes, and expert guidance — no appointments needed
- Advice from oncology-credentialed dietitians, nurses, and doctors
- Free, secure, and private access whenever you need support. Feeling strong throughout your cancer journey starts with informed, timely support — and Ina[®] is always just a text away.

ShareForCures Alliance!

Through our partnership with Savor Health, Tigerlily Foundation offers access to Ina[®], a text-based tool that delivers personalized, evidence-based nutrition and symptom management support for cancer patients — anytime you need it.

Join us in supporting this vital cause








Together, we can do more to save lives.

Help End Breast Cancer. Join Today.



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