

THE EMPOWERMENT ISSUE

MAY 2025



**Tigerlily
Foundation**
Beauty. Strength. Transformation.

A Month of Strength, Science, and Sisterhood

May is a month brimming with purpose, reflection, and hope. As we honor Women's Health Week, World Ovarian Cancer Day, and National Cancer Research Day—and celebrate Oncology Nursing Month—we're reminded of the incredible strength within our community. From the dedicated nurses who guide patients with compassion, to the courageous survivors sharing their journeys, to the relentless pursuit of cures through research, this month highlights the power of unity and progress. At Tigerlily, we stand together in hope, healing, and advocacy—committed to building a future where every voice matters, and every life is valued.

Congratulations to our newest ANGELs!



We're thrilled to celebrate the incredible women of **Cohort 36** who have officially graduated from Tigerlily's ANGEL Advocacy Program! These passionate leaders are ready to use their voices, stories, and strength to drive change in their communities and beyond. We can't wait to see the impact they'll make as they continue their advocacy journeys.

Interested in becoming an ANGEL Advocate?

Learn how to raise your voice, educate others, and transform the future of health equity!

[Register to be an ANGEL today!](#)

Support the ANGEL Program and donate today!

Your donation helps us train and empower more advocates to create meaningful change.

[Make a gift today →](#)

Together, we're building a movement—one voice at a time.



Calling all advocates!

2025 VIRTUAL YOUNG WOMEN'S HEALTH DAY ON THE HILL

ACT NOW: FASTER CURES, FASTER ACCESS

#CURESCANTWAIT

END THE PILL PENALTY #EPICAct
UNLOCK RARE CURES #ORPHANCuresAct



Tigerlily
Foundation

HEAL
POLICY CENTER
OF EXCELLENCE

You are invited to join Tigerlily's HEAL Policy Center of Excellence for our 2025 Virtual Young Women's Health Day on the Hill (YWHD).

Register Here!

At the Virtual YWHD, you will have the opportunity to meet virtually via Zoom with members of Congress and their staff, sharing your story and raising critical awareness about:

- Protecting access to oral chemotherapy ([EPIC Act](#)).
- Advancing research for rare disease treatments, including rare cancers and common side effects of anti-cancer therapies such as neuropathy, liver disease, and kidney disease ([ORPHAN Cures Act](#)).

Tigerlily will schedule and coordinate Congressional meetings and provide you with training, advocacy materials, and support every step of the way.

Schedule of Events

(Note: All events are virtual)

YWHD Training & Prep Session

(choose one, required)

Thursday, May 29th from 7:00-8:00 PM EDT

or

Tuesday, June 3rd from 5:30-6:30 PM EDT

YWHD Q&A and Chat

(optional)

Monday, June 9 from 4:30-6:00 PM EDT

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Virtual YWHD

Wednesday, June 11, between 10:00 AM and 5:00 PM EDT

Time commitment is typically one to two hours.

Your time zone will be taken into consideration when scheduling meetings.

Please be sure to REGISTER HERE by Thursday, May 29th!

YWHD Webinar



HEAL
POLICY CENTER
OF EXCELLENCE

#CuresCantWait

**2025 VIRTUAL YOUNG WOMEN'S
HEALTH DAY ON THE HILL**

JUNE 17, 2025 | ZOOM WEBINAR

END THE PILL PENALTY | UNLOCK RARE CURES
@TIGERLILYCARES @YWHD #HEALPolicy4Change



MERCK



AMGEN




Genentech

Join us for our 2025 YWHD Webinar Series on **June 17th 12:00—1:00 PM EDT** to learn about the #EPICAct, #ORPHANCuresAct, updates from our Virtual YWHD meetings and how YOU can make an impact in ending the pill penalty and unlocking rare cures.

Click here to register!


Honoring Oncology Nurses Month!

MAY 2025



**CELEBRATING
— ONCOLOGY —
NURSING MONTH**

Honoring the heroes, survivors, and researchers making a difference every day.



May is Oncology Nursing Month!

This month, we honor the compassion, strength, and dedication of oncology nurses—true heroes who care for, support, and uplift patients and families every single day.

At Tigerlily Foundation, we celebrate these incredible caregivers who walk alongside patients through every step of their cancer journey. Your commitment changes lives.

**Thank you for making a difference
—today and always.**



Oncology Nursing Spotlight



Rosilyn Gborogen
PhD, MBA, MSN, RN, CCRP

Tigerlily ANGEL Advocate | President,
MDONS Detroit Chapter | Founder,
Fight4Life Cancer Foundation (F4LCF)

"Oncology nursing has allowed me to combine compassion, advocacy, and science to empower patients through one of the most vulnerable times in their lives."



Oncology Nursing Spotlight



Em Shone, BSN, RN, OCN

GI | Breast Medical Oncology RN

"It has been such so enriching working with these patients who have helped me put so many things in my life into perspective. This job may not be glamorous but it has taught me more about life than I could have ever imagined and changed my entire outlook."

Ovarian Cancer Day – Honoring Stories Like Ria's



World Ovarian Cancer Day
May 8, 2025

“
Your experience with cancer will always be a part of you, but it will never define you. Survivorship is going to be a journey of trying over and over again. If you find yourself failing, you're doing it right. It helps to remember that you are never walking this path alone. There will always be an amazing community of survivors who are always down to just talk about it and root for you.
”



Elephants
TEA



Ria Patel
Ovarian Cancer Survivor

May 8th marked World Ovarian Cancer Day, a time to raise awareness and elevate the voices of those impacted by this disease. At Tigerlily Foundation, we recognize the power of storytelling in healing and advocacy.

In our latest edition of *My Life Magazine*, ovarian cancer survivor Ria Patel shares her powerful journey. Diagnosed as a young adult, Ria opens up about the physical and emotional toll of treatment, the importance of community, and her commitment to empowering others through education and connection.

[Read Ria's story in My Life Magazine here!](#)

Physical & Emotional Wellbeing | STAGES OF HEALING

Stages of Healing in Survivorship

RIA PATEL, OVARIAN CANCER SURVIVOR



Four years ago, somewhere along my chemotherapy journey, there was a moment that stands out to me—a moment where I realized just how weak I had gotten. My Grandfather had returned home with groceries, and I stepped outside to help, as I always did. That's when I discovered that a gallon of milk was too heavy for me to carry.

The first steps of healing for me were all about physical milestones. However, if I've learned one thing from the entire mess of cancer, it's that healing is not linear. That gallon of milk is just one example of how previously simple things became everyday challenges. My Mom would often walk with me to the stop sign up the street and back, trying to keep me active during treatment. That measly 800 feet quickly transformed into an exhausting trek that left me completely out of breath.

It turns out, having chemicals pumped into your veins for months on end really does a number on your body—shocker, I know.

Let us continue to uplift the voices of survivors and advocate for increased awareness, research, and support for those navigating ovarian cancer.

You can read Ria's article and many more inspiring stories!



Help Improve Cancer Care in Florida

We're looking for patients with metastatic breast cancer to share their treatment experiences.

Terlisa Sheppard

ANGEL Advocate | 23 Year Florida MBC Thriver

Who Can Participate?

- ✓ Adults 18 years or older.
- ✓ Diagnosed with metastatic breast cancer (mBC) within the last 12 months.
- ✓ English or Spanish language proficiency.
- ✓ Reside in Florida

Why Participate?

- ✓ Share your experience to help improve cancer care for others.
- ✓ Your input will help shape future support strategies for patients.
- ✓ Participants will be compensated for their time and efforts.



Interested? Please [click the link](#) or scan the QR Code with your phone to access a brief survey. A research team member from Tigerlily will be in touch to let you know if you are eligible. If you have questions please email our study coordinator krista@tigerlilyfoundation.org.



Partner Corner

Ongoing Support with Ina®: 24/7 Nutrition & Symptom Guidance by Text
The Intelligent Nutrition Assistant from Savor Health®

INTRODUCING INA® THE INTELLIGENT NUTRITION ASSISTANT FROM SAVOR HEALTH®

- Personalized 24/7 Nutrition Guidance at Your Fingertips
- The Knowledge of Experienced Cancer Professionals
- Safe, Secure and Free



PURE CAT
LET LOVE BE YOUR FREQUENCY



Through our partnership with **Savor Health**, Tigerlily Foundation offers access to **Ina®**, a text-based tool that delivers personalized, evidence-based nutrition and symptom management support for cancer patients — anytime you need it.

Here's what Ina® can help you with:

- 24/7 answers to nutrition and symptom questions via **SMS text**
- **Tailored tips, recipes, and expert guidance** — no appointments needed
- Advice from oncology-credentialed **dietitians, nurses, and doctors**
- **Free, secure, and private** access whenever you need support

Feeling strong throughout your cancer journey starts with informed, timely support — and Ina® is always just a text away.

Try Ina® today and take your care into your own hands!

ShareForCures Alliance!



ShareForCures®
Powered by Susan G. Komen

Tigerlily
Foundation
Beauty. Strength. Transformation.

Together, we can do more to save lives.

ShareForCures®
ALLIANCE
SUSAN G. KOMEN

Help End Breast Cancer. Join Today.

Exciting News! Tigerlily has joined the ShareForCures Alliance, supporting a fully inclusive breast cancer registry for those who have, or had breast cancer. This registry aims to accelerate the search for cures for breast cancer by enhancing diversity and representation in research. By participating in the ShareForCures Alliance, we are striving to increase awareness and enrollment for the ShareForCures registry, ensuring that everyone is represented in breast cancer research and the search to find cures. Join us in supporting this vital cause.

[Learn more and get involved!](#)

Living Beyond Breast Cancer Webinar Series!

Navigating the physical and emotional impacts of a diagnosis while trying to understand all your options can be overwhelming. Join a free two-part webinar with Living Beyond Breast Cancer that will address the latest advancements in treatment, testing options, and coping with the fear of recurrence. The series starts on May 14, from 7-8:15PM ET and the next one takes place on May 21 7pm ET!

[Register today!](#)



Navigating the changing landscape of early-stage breast cancer | May 14 & May 21 7pm ET

Upcoming Event: Sexual Health Course at MASCC 2025 Annual Meeting



We'd like to share an important educational opportunity taking place at the MASCC 2025 Annual Meeting in Lille, France. The **Sexual Health Course**, scheduled for **Wednesday, June 26**, focuses on addressing sexual health challenges faced by individuals living with and beyond cancer.

Led by an international team of oncology and palliative care experts, this course will provide healthcare professionals with practical tools, culturally sensitive approaches, and communication strategies to better support patients experiencing sexual health issues related to cancer treatment.

This is an essential conversation that too often goes unaddressed. We encourage our community—especially clinicians, advocates, and caregivers—to explore how attending or supporting education around sexual well-being can lead to more holistic, patient-centered care.

→ Learn more and register: [MASCC Sexual Health Course Info](#)

Help Advocates Make Their Voices Heard

This June, cancer survivors and caregivers will gather in Washington, D.C. for the Cancer Policy & Advocacy Team (CPAT) Symposium —meeting with lawmakers to drive change in cancer care.

Together, we can transform cancer care—one voice at a time.

[Click here to learn more!](#)

Support Tigerlily's Mission. Empower a Life. Donate Today.



Your generosity fuels Tigerlily Foundation's commitment to empowering individuals before, during, and after cancer. Every donation helps sustain transformative programs such as:

- **ANGEL Advocacy Program:** Training emerging advocates to use their voices and experiences to drive change in their communities and across the healthcare system.
- **MY LIFE Program:** Providing resources and support for people living with cancer.
- **Clinical Trials Program:** Ensuring equitable access to innovative treatments and increasing diversity in research participation.
- **HEAL Policy Center of Excellence:** Advocating for systemic policy changes to eliminate health disparities and promote equity in care.

Your contribution makes a tangible difference. Together, we can create a future where no one faces cancer alone.

[Donate Now](#)



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