

# ***THE REJUVENATION ISSUE***

AUGUST 2024



**Tigerlily**  
Foundation  
*Beauty, Strength, Transformation.*

## The Rejuvenation Issue

As we navigate the demands of cancer care, finding moments of rejuvenation and relaxation becomes more important than ever. This month, the Tigerlily Foundation prioritizes your well-being with a focus on rejuvenation and relaxation. Let's cultivate peace and empowerment together as you reclaim your strength and embrace a vibrant life.

### Tigerlily's Annual 2024 EmPOWER Ball – Tickets on sale!



Join Tigerlily Foundation in celebrating patients, caregivers, providers, and supporters as we raise funds for programs that support young women before, during, and after cancer, with the goal of ending disparities within our lifetime. This is an evening of glamour and commemoration, honoring those who demonstrate inspiration, courage, and hope, and sharing their unique stories as trailblazers and leaders in health advocacy.

**DATE & TIME:**

Saturday, October 19, 2024  
6:00 PM – 11:00 PM

**Location:**

Waldorf Astoria DC  
Presidential Ballroom  
1100 Pennsylvania Avenue, NW  
Washington, DC 20004

[Learn more and purchase tickets here!](#)

# Tigerlily Foundation's 2nd Annual BEACON SYMPOSIUM

Transformation with Patients Leading in Healthcare



The Tigerlily Foundation's Second Annual BEACON Symposium is defining what nirvana looks like for patient-centric care in the real world by bringing patient advocates, health systems, providers and science together to co-create better solutions today. Together, we are the **BEACON** of hope and light that drives us forward to health equity. Lunch provided.

**DATE & TIME:**

Saturday, October 19, 2024  
9:30 AM – 2 PM EST

**Location:**

**Waldorf Astoria DC**  
Presidential Ballroom  
1100 Pennsylvania Avenue, NW  
Washington, DC 20004

**Registration is now open!**

For more information on Sponsor opportunities and benefits for EmPOWER Ball or BEACON Symposium, contact [christina@tigerlilyfoundation.org](mailto:christina@tigerlilyfoundation.org). Support our mission today and become a Sponsor!

## Zeta Phi Beta Sorority, Incorporated Welcomes New Honorary Members

On July 27, 2024, Zeta Phi Beta Sorority, Incorporated inducted 15 distinguished women as Honorary Members into its Alpha Omega Chapter at its international conference in Indianapolis. These new members exemplify the sorority's core values of Scholarship, Service, Sisterhood, and Finer Womanhood.

These distinguished women were inducted into its Alpha Omega Chapter at the Grand Boule in Indianapolis.



Among the new Honorary Members are Tigerlily Foundation's President and Founder, Maimah Karmo. Maimah is an eighteen-year survivor of breast cancer.

Maimah was diagnosed with Stage 2 breast cancer at 32-years old.

While undergoing her second round of chemotherapy, she made a promise to God that if she survived, she would create an organization to educate, empower, advocate for and support young women affected by cancer. After her second treatment, Tigerlily Foundation was born.

Maimah has appeared in *USA Today*, *U.S. News and World Report*, *Black Enterprise*, *Oprah Magazine*, *Essence Magazine*, *Ladies Home Journal*, *Cosmopolitan*, *Seventeen*, *the Oprah Winfrey Show*, *OWN*, *Good Morning America*, *the Today Show* and many more!

As a leader in the field of women's health and disparities, she collaborates with local, national, and global health policy and advocacy organizations to transform the lives of girls and women.

**Honorary Members include:**

**Tatyana Ali:** Actress and activist known for her work in education and youth empowerment.

**Patrice Banks:** Founder of Girls Auto Clinic, advocating for women in automotive care.

**Jaspén Boothe:** Army veteran and cancer survivor, celebrated for her support of veterans.

**Felicia Brokaw:** Army General and advocate for veteran welfare.

**Caretha Coleman:** Tech leader focused on diversity and maternal health.

**Wanda Durant:** Motivational speaker, philanthropist and mother of NBA Champion and MVP, Kevin Durant.

**Andrea Hunley:** Educator and state senator dedicated to social justice.

**Leela James:** Singer and advocate for mental health.

**Dawn Morton-Rias:** Healthcare advocate for equity and social justice.

**Perri Shakes-Drayton:** Retired athlete supporting maternal and infant health.

**Ashley Sharpton and Dominique Sharpton:** Civil rights activists and community leaders.

**Angie Stone:** Renowned singer focused on elder care and diabetes awareness.

**Regina Young:** Pennsylvania State Representative and community organizer.



The induction ceremony, held at the Zeta Phi Beta international conference, officially welcome these women into the sorority. Dr. Stacie NC Grant, International President and CEO, highlighted the alignment of the new members' work with the sorority's mission. These remarkable women will significantly contribute to Zeta Phi Beta's mission of community service and empowerment. "I am so proud to be among these finer women, and look forward to working alongside of them, supporting their missions and amplifying their voices and their work. We are stronger together!"

[Learn more here!](#)

## ANGELs In the Community



On Friday, July 26<sup>th</sup>, “Be The Change!: Understanding Breast Health and Learning to Advocate for Yourself and Others” was held at the 52<sup>nd</sup> General Conference of The A.M.E. Zion Church in Greensboro, NC. Hosted by the Tigerlily Foundation, the event featured an interactive training session led by Catrina Marcell, Lead National ANGEL Advocate, Dr. Kimberly Wilson-Lewis, ANGEL Trainer, and Erin Perkins, ANGEL Advocate.

The training empowered participants to become effective breast cancer advocates by providing a comprehensive understanding of breast health. Attendees learned about the basics of breast cancer, including its causes, types, and stages, and the most common treatments. The event also covered essential information on breast health screenings and diagnostic services, offering guidance on navigating a breast cancer journey.

Through practical tips and strategies, the speakers equipped participants with the knowledge to advocate for their own breast health and to support others in their community.

A graphic for the event titled "Be the Change!". It features the Tigerlily ANGEL logo at the top left. The main title "Be the Change!" is in large white font, with the subtitle "Understanding Breast Health and Learning to Advocate for Yourself and Others" below it. Three speaker portraits are shown in a row, each with their name and title below. The background is a solid pink color.

**TIGERLILY**  
**ANGEL**  
ADVOCACY PROGRAM

# Be the Change!

Understanding Breast Health and Learning to Advocate for Yourself and Others

**Kimberly R. Wilson-Lewis, PhD**  
ANGEL Trainer  
Tigerlily Foundation

**Catrina Marcell, MBA, CSM**  
National Lead ANGEL Advocate  
Tigerlily Foundation

**Erin Perkins**  
ANGEL Advocate  
Tigerlily Foundation  
Young Breast Cancer Project  
Board of Directors President

## Welcome Our New ANGELs



WE ARE  
THE CHANGE

Tigerlily Foundation ANGEL Advocates



**Karla Sandifer**  
Trainer



**Deje Silas**



**Tracie Singleton**



**Melissa Davis**



**Genesis Burris**

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ANGEL Cohort 29 graduated last month and was trained by the fabulous

**Karla Sandifer - Onward and Upward!**

**Deje Silas- Oakland, CA**

**Tracie Singleton - Fort Lauderdale, FL**

**Melissa Davis - Willingboro, NJ**

**Genesis Burris - Gary, IN**

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## WE ARE THE CHANGE

Tigerlily Foundation ANGEL Advocates



Christina Mackey  
Trainer



Donna Sade



Frankia Breedlove



Jovonsia Guidry



LaTina Starling



Raenel Smedley



Raven McQueen

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ANGEL Cohort 30 graduated August 2nd, 2024 and was trained by the dynamic Christina Mackey!

Raven McQueen – Mansfield, TX

Raenel Smedley – Houston, TX

Jovonsia Guidry – Yorkville, IL

Donna Sade – Orlando, FL

Frankia Breedlove – Orange Park, FL

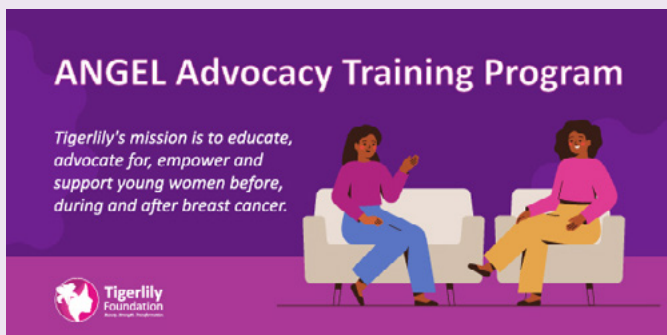
LaTina Starling – Tomball, TX

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If you want to join our ANGEL Advocacy Program, or know someone who would make an excellent ANGEL, the program application can be completed here:

**[Form \(hsforms.com\)](https://hsforms.com)**

## Advanced ANGEL Trainings for August



Register for our advanced ANGEL training sessions for this month!

We're offering

**Module 15: Holistic Living.**

If you'd like to register,

email [amanda.e@tigerlilyfoundation.org](mailto:amanda.e@tigerlilyfoundation.org).

**Tuesday August 20th 8-9:30PM EST with Maricia Cole**

**Wednesday August 21st 6:30-8PM EST with Vickie Williams**



## August Book Club with ANGEL Advocate, Catrina Marcell!



On Wednesday August 21st 8-9PM EST Catrina Marcell will begin a 6 week book review and reflective discussion series on Tabitha Brown's book, [\*I Did a New Thing - 30 Days of Living Free\*](#). Catrina Marcell is a passionate advocate and survivor of triple-negative breast cancer, bringing her resilience and insight for the next upcoming book club. Her journey through cancer has instilled in her a profound appreciation for the power of stories and community, which she now shares with anyone she meets. With a background that combines personal experience and a love for literature, Catrina creates a supportive and

enriching environment for all participants. Join her in exploring the transformative power of books and discover new perspectives in our engaging and inclusive book club sessions.

Course description: This course is designed to create a supportive and enriching environment where members can explore the transformative effect to try new things by stories and community. This book club session will delve into a selected book that resonate with themes of resilience, courage, and personal growth. Through guided discussions, Catrina will share insights from her own journey, fostering a deeper connection with the literature and encouraging participants to share their perspectives. Whether you are a seasoned reader or new to book clubs, this course offers a welcoming space to discover new narratives, reflect on personal experiences, and find strength in shared stories. Join us to connect, learn, and be inspired by the resilience found within the pages of great books.

[Click here to register!](#)

Questions? Contact [amanda.e@tigerlilyfoundation.org](mailto:amanda.e@tigerlilyfoundation.org)  
Participants are responsible for their own copy of the book.

Author: Tabitha Brown

Title: [\*I Did a New Thing - 30 Days of Living Free\*](#)



## Jack and Jill Foundation's Inaugural Health Fair Recap!



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Photo by: LeVern A. Danley III—LAD4 Creations

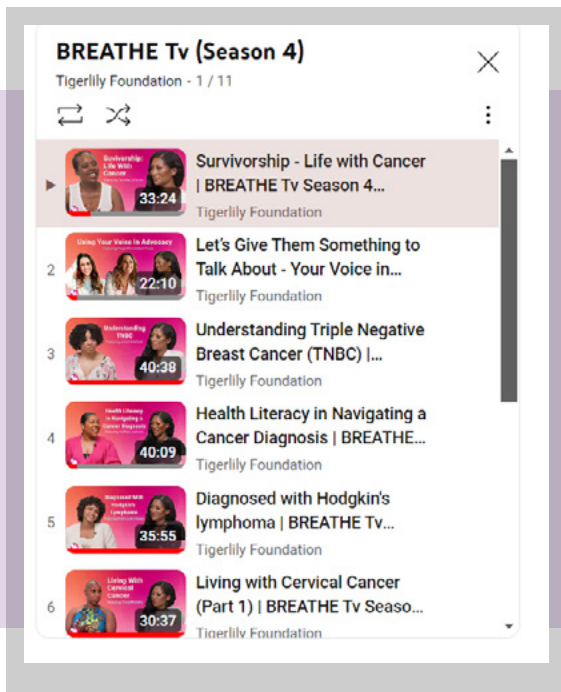
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Tigerlily Foundation hosted an information table at the Jack and Jill Foundation's Inaugural Health Fair during their national convention in Minneapolis, MN on July 23rd. The Tigerlily team had a great time meeting folks from the Jack and Jill Foundation, a national organization that supports cultural awareness, educational development, health advocacy, civic service, and social support for young individuals. We also had the opportunity to meet with teams from other twin cities-based organizations such as Sabathani Community Center, whom we plan to partner with for their upcoming health fair in October. Look out Minneapolis and Saint Paul - we're excited to build a strong foundation of ANGEL Advocacy and bring our supportive and educational resources to you in the coming months!

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## Catch Up on Our Latest Season of BREATHE Tv!



Tigerlily wraps up our fourth season of BREATHE Tv! If you've missed any of the episodes, catch up on our YouTube page!

[Stream season 4 here!](#)

Tigerlily Foundation's BREATHE Tv is a sacred space, an educational and inspirational cancer video program that brings together patients, providers and loved ones in a space of purpose, while engaging in authentic and meaningful conversations about cancer, women's health, and lifestyle.

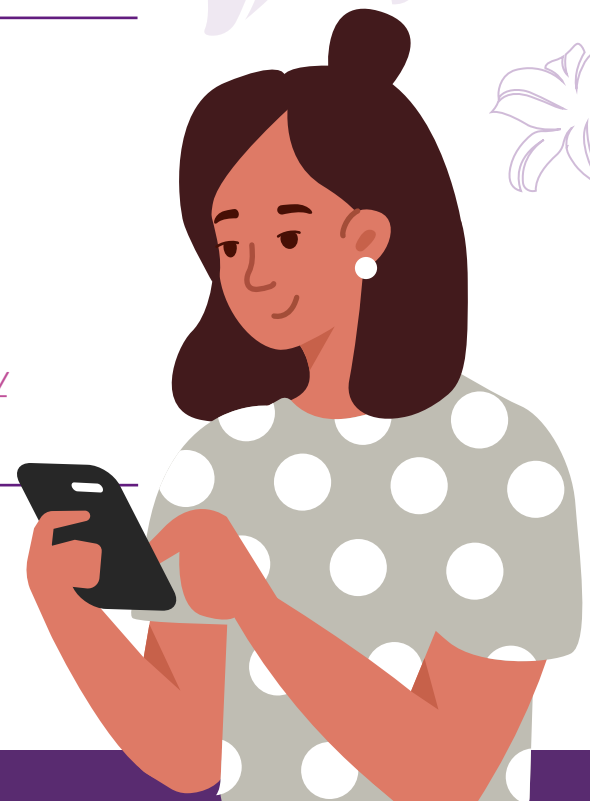
## Stay up to date and follow our social media!

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 <https://www.tiktok.com/@tigerlilyfoundation?lang=en>

 <https://www.linkedin.com/company/2827715/admin/dashboard/>



INHALE

EXHALE



**Tigerlily  
Foundation**

*Beauty. Strength. Transformation.*

**AMGEN**



Daiichi-Sankyo

**sanofi**

*Lilly*



**MERCK**

**Seagen**