

The Gratitude Issue

DECEMBER 2023



Tigerlily
Foundation
Beauty. Strength. Transformation.

THE GRATITUDE ISSUE

As we reflect on the year that was, we are filled with immense gratitude for the unwavering support of our dedicated community.

Your generosity and commitment have made a profound impact on the lives of countless patients and their families.

We are so thankful to have you as partners in this journey.

As we look ahead to the new year, we are committed to continuing our work to make a difference in the lives of cancer patients and their families.



Wake up with us, San Antonio!



**WAKE UP WITH US,
SAN ANTONIO!**

**CREATING COMMUNITIES OF
HOPE AND ACTION FOR TRIPLE
NEGATIVE BREAST CANCER**

A LISTENING SESSION WITH THE COMMUNITY ABOUT CLINICAL
TRIALS AND RESEARCH INNOVATIONS.

**Listening Summit
powered by**
GILEAD
Oncology

Hosted by
 **Tigerlily
Foundation**

In Partnership with
 **Mays Cancer Center**
UT Health MD Anderson
Gynecologic Cancer Center
 **MOFFITT
CANCER CENTER**

Expert Contributors
 **MBCalliance**
 **Sisters**
 **ABCF**
 **FOR THE BREAST OF US**

EVENT DATE & TIME:

 **DECEMBER 5, 2023**

 **9:00 AM - 11:00 AM CST**

 **SAN ANTONIO MARRIOTT
RIVERCENTER ON THE
RIVER WALK**

PEARL CONFERENCE ROOM
101 Bowie Street, San
Antonio, Texas 78205

Join Tigerlily Foundation alongside the powerhouse teams at Mays Cancer Center and Moffitt Cancer Center for an electrifying panel discussion entitled *Creating Communities of Hope and Action for Triple Negative Breast Cancer!*

Dive into the cutting edge of TNBC research with leading experts and discover breakthroughs that are changing the game.

Connect with inspiring patients and community leaders who are fighting for a future free from disparities and fueled by unwavering support.

This is more than a conversation, it's a movement. We're amplifying voices, igniting hope, and driving action towards a brighter future for everyone impacted by TNBC.

Date: Tuesday, December 5, 2023

Time: 9:00 AM - 11:00 AM CT

Location: Marriott Rivercenter, Pearl Conference Room, 101 Bowie Street, San Antonio, TX

REGISTER NOW TO SECURE YOUR SPOT!

Welcome our new ANGEL Advocates!



Asha Miller



Dionne Phillips



Eunice Bowling



Kafayat Bolaji

Kimberly Wilson-Lewis
Trainer

Marshelle Harris



Portia Hall-Turner



Sasha Jackson Johnson



Teresa Smith



Zuleika Rivera



Aisha Morgan

On November 14, 2023, we welcomed 10 new ANGEL advocates into our Tigerlily family! Cohort 22 was trained by Kimberly Wilson-Lewis and will be celebrated live during our Dec 2nd Instagram dance party with DJ Dimepiece on TLF's live Instagram feed 9:30PM EST. Congratulations goes out to: Eunice Bowling – Washington, D.C.; Kafayat Bolaji – Warren, MI; Asha Miller – Columbus, OH; Marshelle Harris – Gardendale, AL; Teresa Smith – Rancho Cordoba, CA; Portia Hall-Turner – Royse City, TX; Dionne Phillips – Fort Mill, SC; Aisha Morgan – Katy, TX; Zuleika Rivera – Pine City, NJ; Sasha Jackson-Johnson – Baton Rouge, LA.

Advanced ANGEL Trainings scheduled for December!

We will be offering optional advanced ANGEL trainings in December. These training sessions are 1.5 hour long interactive Zoom sessions and are recommended for current ANGEL advocates or individuals who have completed the ANGEL application. Module 10: Early stage and metastatic breast cancer will be offered on:

Wed Dec 13th 6:30-8PM EST with trainer Vicki Williams

Thur Dec 14th 8-9:30PM EST with trainer Maricia Cole

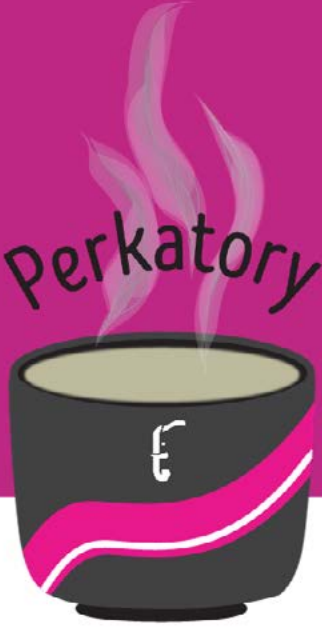
Email amanda.e@tigerlilyfoundation.org to reserve your spot!

MY LIFE Matters Magazine Perkatory Event

MY LIFE Matters Magazine Perkatory

Faith Over Fear

Wednesday, December 13th
7:00 - 8:30 pm ET





Brittney Beadle

Lori Dixon

Neosho Ponder

Eboney Thompson



Brewing Tough Conversations
to Help Each Other Face Cancer

Tigerlily
Foundation
Beauty. Strength. Transformation.

Join our next MY LIFE Matters Magazine Perkatory event to celebrate the Faith Over Fear Magazine release. We invite you to register for this free event on December 13th at 7 pm EST where we will have article readings from Brittney, Lori, ANGEL Advocate Neosho and Eboney followed by interactive discussions and community support.

REGISTER FOR FREE HERE!



New Pure Cat Book Club Alert!

Atlas of the Heart Workshop, Book Review, Meditation and Activation



Starting January 9th, 2024, our Pure Cat program is introducing the class: “Atlas of the Heart” Workshop, Book Review, Meditation and Activation.

This will be a bi-weekly book club that will begin Tuesday, Jan 9th 8-9:30PM EST and will run for 12 sessions. We will be joined by instructor, Ife Coeur.

It’s capped at 25 participants and the first 10 to register will receive the book for free from us.

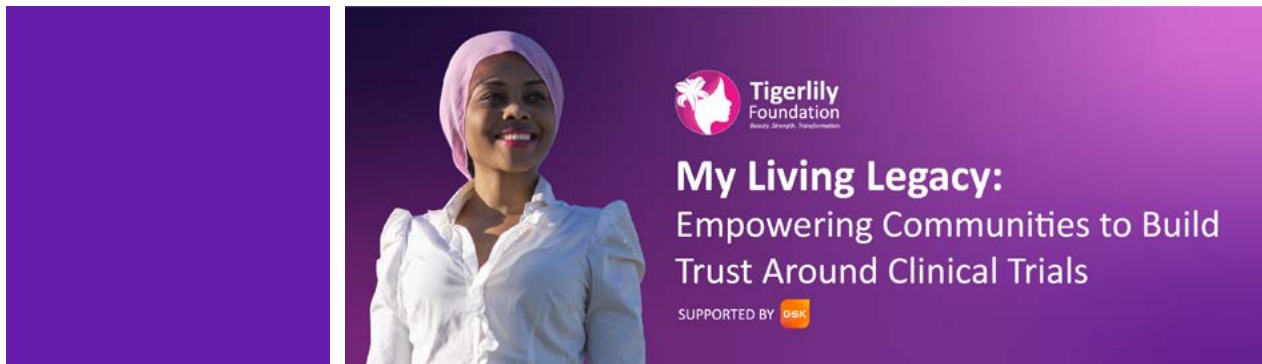
Email amanda.e@tigerlilyfoundation.org to reserve your spot!



Our virtual Pure classes are FREE and open to all. Whether you enjoy a meditating sound bath or fun zumba, there’s something for everyone!

CLICK HERE TO SIGN UP TODAY!

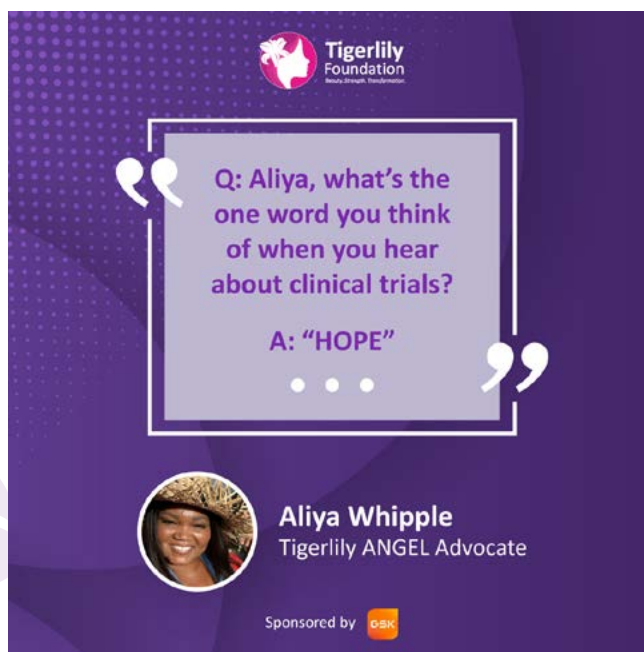
Tigerlily Foundation's My Living Legacy Clinical Trials Campaign



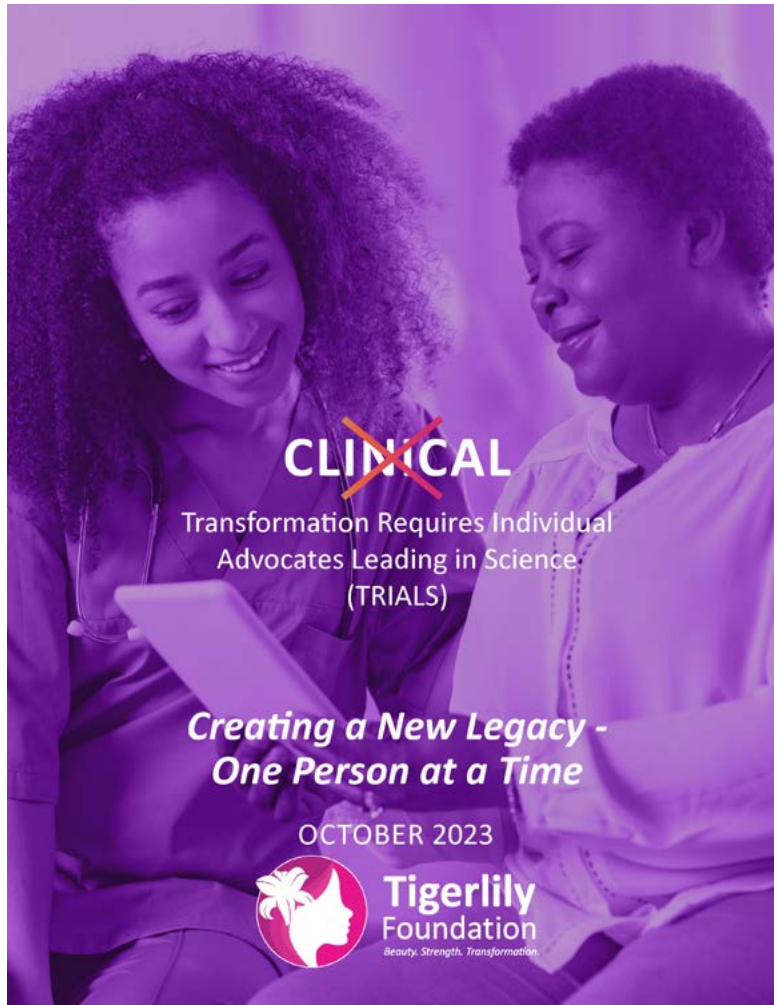
We know that breast cancer is the leading cause of cancer-related death in Black women, yet they remain critically underrepresented in potentially life-saving research; this disparity is seen in many chronic diseases even beyond breast cancer. Without appropriate representation in clinical trials, it's hard to know whether or not new treatments will work effectively across all bodies. For us to have medicines that are best for each individual person's body, people across all communities need to consider clinical trial participation. Trials can change someone's future for the better, and when we participate, our contribution can be a part of our own living legacy. This campaign, My Living Legacy, was created to empower Black and other BIPOC people to more deeply understand and trust in clinical trials and to consider participating in clinical trials to support the development of new treatments for chronic diseases like breast cancer.

You can help normalize and humanize clinical research by reading more on our website.

LEARN MORE TODAY!



Tigerlily Foundation's New TRIALS Newsletter



Tigerlily Foundation strongly believes in ensuring that all communities, particularly BIPOC communities, have equal access to clinical trial opportunities. We want you as patients, caregivers, and advocates to have the understanding and resources to feel empowered to consider clinical trials as a treatment option for your or your family's medical care. Through this new newsletter from Tigerlily, we hope to provide you with information that you'll find helpful in getting a better understanding of how clinical trials work and how patients and trial participants are supported, especially through programming from Tigerlily and our partners.

[READ OUR TRIALS NEWSLETTER HERE](#)

Your Opinion Matters! Take our TLF Survey Today!



**Tigerlily
Foundation**
Beauty. Strength. Transformation.

**As we continue to provide quality
programming and resources to our community,
we would love to receive your feedback.**

Please take three minutes to
complete this TLF survey and
enter a chance to win

\$100!

Thank you for accessing our resources and attending our programs throughout the year! We'd like to know more about your experience as we continue to craft our programming and resources to best serve you.

Please respond by December 14th, 2023, for a chance to win 100 dollars!

TAKE THE SURVEY HERE!

Cancer Didn't Win



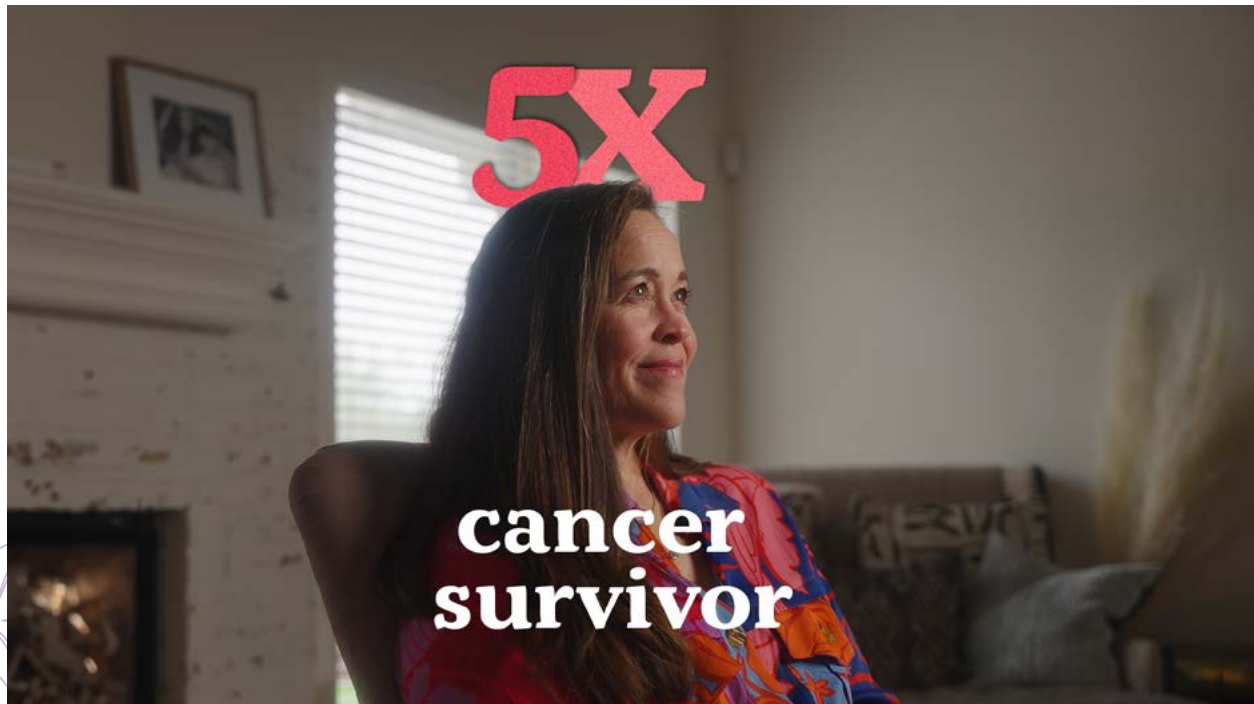
Tamika is a survivor and Cer-VIVOR, after being diagnosed with cervical cancer at just 25 years old. She knows firsthand how isolating and lonely cervical cancer can be. She experienced excruciating pain, so intense that she questioned whether she could push through another day. Cervical cancer disrupted everything in Tamika's life - including her fertility and body. The burden of cervical cancer is heavy, women can unfairly feel ashamed after being diagnosed with this intimate, painful cancer – that can require removal of body parts such as the vagina, cervix, ovaries and uterus, maybe the bladder, anus and part of the intestine. As hard as this diagnosis was, Tamika followed the prescribed treatment because she wanted to do all that she could to live.

When Tamika was diagnosed no one was talking about cervical cancer, but there was so much trauma patients like her had to deal with. As an award-winning producer, Tamika dealt with cancer the way she did most of her life, telling her story and exposing the truth behind what so much of what was kept quiet. She also created Cervivor Inc. a non-profit education and support organization to help women to feel supported, not feel alone or ashamed. Today, Tamika is thriving. She is not only an incredible advocate who has helped countless women, she is living her best life. Cancer did not take away the joy of being a parent, being a mom, her greatest joy in life. Miracles do happen, and through a loving friend and the help of a surrogate her dreams of becoming a mom came true.

This is Tamika's legacy.

[WATCH TAMIKA'S VIDEO HERE](#)

Diagnosed with Cancer 5 Times



Katrina has heard the words “you have cancer “5x. When she discovered she carried the BRCA1 gene mutation she knew her risks were higher. She also knows that self-advocacy is the key to early detection and that patient advocacy is the pathway to supporting oneself and others affected by cancer.

It is hard to live and breathe cancer all the time, and it’s hard to lose people you love, but Katrina has turned her pain into purpose. In her role at Pfizer as a Director of Advocacy & Professional Relations, she is determined, a visionary and grateful that patients trust her with their voice. As a patient advocate outside of work she is a change-maker, mentor and caregiver who is selfless in her pursuit to help others and to both challenge and change the systems to support equality and improved health outcomes for those living with or living through cancer.

To Katrina her greatest joy and her living legacy is watching her children grow up and flourish and continue the joy, strength and grace throughout their lifetime.

This is Katrina’s legacy.

[WATCH KATRINA’S VIDEO HERE](#)

Alive As long as There are Treatment Options



Megan feels as if sometimes society places the blame on those that are sick. However, at 30 years old, many young adults do not have medical insurance - this delayed Megan going to the doctor when she began to experience pains in her chest. Megan's symptoms were dismissed, and her cancer continued to grow until she found a medical team that took her concerns seriously.

Megan is passionate about living – no matter what. She moved forward in life with hope and transparency – finding her true love after her second cancer diagnosis – this time at Stage IV. Her partner asked her to marry him the day before she started treatment.

In Megan's words, "cancer is not always a death sentence, but it is always a life sentence." She wants to live for herself and those she loves, but the reality is, she can only live as long as there are new clinical trials, treatment options and medical advancements available to her and that work for her body. The fact is that the need for accelerated medical advancements affect us all, so let's all commit to better research, clinical trials and equitable care for people living with Stage IV cancer, so they have what they need to live as long as possible.

This is Megan's legacy.

[WATCH MEGAN'S VIDEO HERE](#)

Thriving and Striving for Better Outcomes



Kathryn got through cancer twice, but when her cancer returned, she was faced with a Stage IV Metastatic Breast Cancer diagnosis at the age of 37. As a working professional and single mom, it was the love Kathryn had for her daughter Aaliyah that gave her the resilience and strength she needed to push through.

Insurance was the biggest challenge that Kathryn faced, having to deal with access issues and approvals for necessary diagnostic tests and treatment. “I feel like the insurance played a big role in why things dragged out so long”.

Now, living with metastatic breast cancer, Kathryn’s daughter is not only the light of her life but she is her caregiver. Together they learned how to be more empowered advocates for themselves and others - telling their story and are thriving and striving for better outcomes for cancer patients.

This is Kathryn’s legacy.

[WATCH KATHRYN’S VIDEO HERE](#)

Breastless + Beautiful



Kiana feels that society is conflicted on what women should look like. Women are constantly being given images that tell them what should define self-worth, but Kiana has moved past any of this and owns her body and her worth.

When her husband encouraged her to get the lump in her breast checked out due to discomfort that was impacting her job as a chef, Kiana initially thought she was too young for it to be breast cancer. After diagnosis, Kiana felt decisions were being thrown at her, that she was not included in her decision making. One of these decisions was to get breast implants after her breast were removed. It was presented to her in a way that made her feel that because she is young and married, implants would make her look better. Compelled by societal norms of femininity, Kiana endured multiple surgeries, risking her life to meet beauty standards.

While Katrina is thankful that she is alive, cancer treatment has left Kiana with neuropathy that can be challenging, impacting her career as a chef. Kiana wants women to know her story so they can decide for themselves what's best for their individual body, and to make informed decisions about the treatments and option to have reconstruction or to not have reconstruction. No woman should be stigmatized based on whether or not she has breasts, the size or if she has scars.

Kiana has learned to love herself as a complete person and this is the only standard she lives by. She wants to empower other women to fully love themselves too.

This is Kiana's legacy.

[WATCH KIANA'S VIDEO HERE](#)

Dana Farber BRCA-P Study



Breast Cancer Prevention Study

Women with a *BRCA1* mutation have a 50–70% lifetime risk of developing breast cancer.

The BRCA-P Study is an international research study for women (ages 25 to 55) who are born with a mutation (change) in one of their *BRCA1* genes.

The study will be conducted at more than 30 research sites across the United States. About 2,918 women from around the world will participate in the study. We encourage women of diverse backgrounds to participate in this study, so that it fully represents all populations affected by *BRCA1* mutations.

If successful, our study can give future generations a new option to reduce breast cancer risk without surgery.
Join us to help make a difference.

BRCA-P BRCA1 Breast Cancer Prevention Study

BRCApStudy.org

Version Date: 02/10/2023
A211801

Page 1 of 1

The BRCA-P study can help researchers find a non-surgical way to reduce breast cancer risk in women with a BRCA1 mutation. Thank you for considering participation in this study. If you decide to think further about enrolling in the study, we can assure you that your participation will help advance the latest breast cancer research for future generations!

If you are interested in learning more about the study or have any questions, please contact a member of the local study site team. Feel free to refer to friends and family members.

[CLICK HERE TO LEARN MORE](#)



**Tigerlily
Foundation**
Beauty. Strength. Transformation.

AMGEN



sanofi

Lilly



Seagen